

NOVEMBER

2008

Meeting

Thursday\*

Nov. 6

6:30 p.m.

Madisonville  
Country Club

Menu

Soup & Salad

Tea / Coffee

\*Please note  
the change  
from our usual  
meeting date.

**DON'T  
FORGET TO  
VOTE ON  
NOVEMBER  
4<sup>TH</sup>!**

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# BPW/HC News

*A Publication of BPW Hopkins County*

## President's Message

I can't believe it's fall! Don, BreAnna and myself just returned from fall break in the mountains. The decorations were beautiful. We had a wonderful time and yes, the leaves are turning. There was a lot of yellow and some red.

BPW week was very busy but fun. I commend our Committee for such a great job! Committee chair Sharon Smith and her team Evelyn Fine, Wanda Crowe, Melinda Oglesby, Algia Morrow, Wanda Morrow, Julie Franklin, Patti Fallin. These ladies did a wonderful job.

I missed the breakfast at Sharon Smith's home. I am sure it was great. There was a proclamation signed by Mayor Cox. It was well attended by Algia Morrow, Lana Moore, Wanda Morrow and myself. The banquet deserves raves. Our speaker Ellie Coursey spoke about the Junior Miss experience. The food was great, thanks to Evelyn Fine's choices. The awards recipients were Woman of the Year: Lana Moore; Business Equity: Ron and Alice Sanders, owners of People Plus; and Woman of Achievement: Melinda Oglesby, owner of Curves.

Congratulations to all! I feel these were great choices for our awards.

Our next meeting date is Nov. 6th. It was changed because so many would be absent because of the election. Please get out and VOTE. We really can make a difference if everyone will vote.

Consider going to Interim Board. We have room for you to share our room.

I am looking forward to seeing you on Nov. 6th.

President, Teresea Hatler  
thatler1@hotmail.com

### FUNDRAISERS

We are nearing the end of two fundraisers – Innisbrook Wrap and RADA Cutlery. Please turn in all orders to Lana by November 1<sup>st</sup>. As you know, we need the participation of all members to ensure success! Please sell, and if you are unable to, please buy!! Contact Lana via e-mail at lanajmoore@hotmail.com.

## Calendar of Events

- NOV 1        Deadline – Turn in Innisbrook & RADA orders to Lana Moore
- NOV 4        ELECTION DAY
- NOV 6        MEETING – Madisonville Golf & Country Club
- NOV 20       Newsletter Deadline
- NOV 21-22   BPW/KY INTERIM BOARD – Barren River State Park, Glasgow
- DEC 1        Kentucky Cardinal Deadline
- DEC 2        HOLIDAY GATHERING – TBA

## NATIONAL BUSINESS WOMEN'S WEEK WRAP-UP

**"Girls Nite In"** hosted by BPW Hopkins Co., Curves, Merle Norman and the Kentucky Cancer Program was a huge success. The money that was raised by the event will go to the Hopkins County Health Department to women in the county who can not afford to have mammograms. We raffled off 4 baskets and were able to give many door prizes away from the drawings. So far we have raised \$491.75. Everyone has worked very hard for a good cause. So far we were able to provide the Health Department with 7 mammograms.

Joan Lang with the Kentucky Cancer program spoke about the Kentucky Women's cancer and cervical screening programs for low income women at a low or reduced cost thru local health departments and other providers.

Sharon Smith with Merle Norman spoke on the use of sun protection and how it can affect you and your skin; why it is so important to protect yourself. She gave helpful hints, wearing your hat in the sun to help protect your nose, putting sunscreen on your hands to help with the aging spots and more.

Melinda Howell with Curves spoke regarding exercise and health; why it is important to exercise at least 3 times per week doing cardio and strength training; how that can prevent some types of cancer and diseases; reduce your stress level which play a vital role in your overall health.

Joann Hale with Curves spoke regarding eating a healthy diet and why that is important. To reduce some of your risks you should start by reducing your weight, which causes many diseases. Eating healthy will help you to start losing.

There was a short demonstration from Eric Myers of Myers Karate on self defense. Everyone was able to do a hands on and learn valuable information on protecting ourselves.

BPW Hopkins County was on hand to provide healthy refreshments. They sold raffle tickets and recruited new members.

*God Bless and Have a Great Day*

*Melinda Howell-Oglesby, Owner  
Madisonville Curves 101835*

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## BPW / KY INTERIM BOARD

BPW/KY Interim Board is scheduled for November 21-22, 2008, and will be held at Barren River State Resort Park near Glasgow. Interim Board is hosted by Glasgow BPW and South/Southeast Region.

The tentative meeting agenda is as follows:

### Friday, November 21

Executive Committee Meeting	10:00 a.m. – 2:00 p.m. CST
Registration	1:00 p.m. – 6:00 p.m.
Individual Development Training	4:00 p.m. – 6:00 p.m.
Dinner followed by BPW/KY Foundation Event	7:00 p.m. – 9:00 p.m.

### Saturday, November 19

Registration	8:00 a.m. – 2:00 p.m.
Breakfast (On Your Own)	8:00 a.m. – 9:00 a.m.
Business Session #1	9:15 a.m. – 10:30 a.m.
By-laws / Parliamentary Procedure Workshop Mentoring / Membership Workshop	10:45 a.m. – 12:30 p.m.
Awards Luncheon	12:45 p.m. – 1:145 p.m.

Please see the current edition of the Kentucky Cardinal for registration and additional information, or visit BPW/KY's web site.

## THANKS

- ❖ To Sharon Smith, Evelyn Fine, and all of the members of the NBWW Committee for all of their time and talents in planning our NBWW events
- ❖ To Sharon Smith for opening her lovely home to the club AND preparing a delicious breakfast (SHE CAN COOK!). If you were not there, you missed a great meal, and some great conversation.
- ❖ To Melinda Howell-Oglesby for planning and hosting an Open House at Curves during NBWW – what a FUN event this was! There was lots of educational information, networking, and prizes!
- ❖ Finally, thanks and congrats to NBWW award recipients – Lana Moore (Woman of the Year), People Plus (Business Equity), and Melinda Howell-Oglesby (Woman of Achievement).

## BPW/USA – PRESS RELEASE

**Get-Out-the-Vote for Women and Families**  
*Women's Advocacy Group Pushes Voting for National Business Women's Week®*

[October 17, 2008 - Washington, DC] – Business and Professional Women/USA (BPW/USA), a nonpartisan, women's advocacy group, is using its national grassroots strength to get out the vote and ensure that the voices of women and families are heard on Election Day. BPW/USA is using National Business Women's Week® (NBWW) to rally its supporters to exercise their right to vote.

“Since women constitute the majority of voters, we must join forces to speak up and demand action on issues such as healthcare, education, pay equity and the Family Medical Leave Act (FMLA) by exercising our right and responsibility to vote,” explained Hon. Diane Polangin, president of BPW/USA.

Established by BPW/USA in 1928, NBWW offers communities, companies and organizations an opportunity to celebrate and acknowledge the vital contributions of working women to the economy. Observed during the third week of October, BPW/USA made a decision to encourage its members to make Get-Out-the-Vote activities the focus for NBWW 2008. The goal is to assist members in building the voting woman's voice, by supporting candidates who support working women.

“The policies and practices of the new administration will be critical to working women and families,” says Deborah Frett, CEO for BPW/USA. “With life-changing decisions such as health care, child care, education, pay equity and financial security at stake, we must educate women and get them to the polls next month.”

BPW/USA is also encouraging its members to host town hall meetings to discuss issues of importance in this election and to volunteer for campaigns. The NBWW Get-Out-the-Vote program began in August with voter education and registration and continues through Election Day, using the BPW/USA Get-Out-The-Vote Guide. The guide is available to the public.

“If candidates at all levels of government want to win over women voters then they must address the issues,” stated Frett.

BPW/USA provides members with professional development, networking, grassroots activism and career advancement resources. Its mission is *to achieve equity for all women in the workplace through advocacy, education and information*. For more information on NBWW and to obtain the GOTV Guide, please visit [www.bpwusa.org](http://www.bpwusa.org).

## OCTOBER MEETING MINUTES – Submitted by Nena Matheny, Secretary

October 7, 2008

### CALL TO ORDER

The regular monthly meeting was held Tuesday, October 7, 2008, 6:30 p.m. at the Madisonville Golf & Country Club. President Teresea Hatler called the meeting to order. The officers present were: Teresea Hatler, President; Algia Morrow, President-elect; Nena Matheny, Secretary; Patti Fallin, Treasurer; and Lana Moore, Parliamentarian. The minutes from the September 2, 2008 meeting were printed in the October newsletter for review and approved as corrected.

### ROLL CALL

Members attending: Sally Taylor Buie, Patti Fallin, Julie Franklin, Teresea Hatler, Nena Matheny, Lana Moore, Algia Morrow, and Wanda Morrow.

Guests: Leslie Curneal, Venus Legate, and Brenda Glover, speaker, Hopkins County Democratic party chair.

### TREASURER'S REPORT

The Treasurer's report as of September 30, 2008 with a balance of \$1,298.22 was distributed and reviewed. The report will be filed for audit. Suzanne Soder has filed an IRS Form 990, Return of Organization Exempt from Income Tax.

### CORRESPONDENCE

A letter was received from Common Garments Ministry requesting a monetary donation for construction of a new facility.

### COMMITTEE REPORTS

Finance – Lana Moore reminded members the Rada and Innisbrook catalog orders are due October 31<sup>st</sup>.

National Business Women's Week – Plans were reviewed for NBWW. Teresea Hatler distributed the NBWW proclamation. Nominees have been selected for the NBWW awards. The emblem breakfast will be held at Sharon Smith's home on Saturday, October 18. The "Girls Night In" event will be held on Monday night, October 20 at Curves. Club members will be responsible for bringing healthy snacks and refreshments – a food signup sheet was distributed. The annual banquet will be on Thursday, October 23 at the Madisonville Golf and Country Club.

### NEW BUSINESS

A draft BPW/Hopkins County membership brochure was reviewed. The brochure will be printed for distribution at the NBWW event at Curves. BPW/KY Interim Board is November 21-22 and the registration form will be printed in the upcoming Kentucky Cardinal. Second Sunday event will be held on October 12 and Kidapalooza is Saturday, October 25. The November meeting will fall on election night and members agreed it should be rescheduled for another date.

### ADJOURNMENT

Announcements and happy dollars were followed by the Emblem Benediction. The meeting adjourned at 7:55 p.m.

Nena Matheny  
Secretary

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**Officers  
2008-2009**

President  
Teresa Hatler

President Elect  
Algia Morrow

Secretary  
Nena Matheny

Treasurer  
Patti Fallin

Parliamentarian  
Lana Moore

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Visit **BPW/USA** at  
[www.bpwusa.org](http://www.bpwusa.org)

## **Editor's Note by Julie Franklin**

Many thanks to Teresea, Nena, Melinda, and Algia, for their submissions to this edition.

I have to miss the meeting in November due to a Conference in Louisville that I will be attending, but I look forward to seeing you all in December at our Holiday Gathering.

Please remember that your ideas, articles, and information are always welcome!

Submit your articles, info, reports, announcements, recipes, funnies, etc. to me as follows:

By e-mail: [fglaw@bellsouth.net](mailto:fglaw@bellsouth.net)

By mail: P. O. Box 547, Madisonville, KY 42431

By fax: 270-821-2360

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