As we light a path for others, we naturally light our own way.

- Mary Anne Radmacher

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Business and Professional Women of River City

The Women’s Business Center of Kentucky

We would like to extend a warm welcome and a friendly reminder to all of our BPW members to attend our next monthly luncheon meeting September 14th from 11:30 to 1pm at The University Club.

Sharon Johnson, Director for the Women’s Business Center of Kentucky will be our guest speaker. The Women’s Business Center of Kentucky is a non-profit organization that is a part of the Community Ventures Corporation. The purpose of the WBC of Ky is to help prospective and established women business owners achieve economic independence through entrepreneurship. For more information about Sharon and the WBC of Ky, please visit their website at: http://www.cvcky.org/womensbusinesscenter.html.

Our monthly meetings are a wonderful opportunity for networking, catching up with old friends or making new ones.

BPW provides a unique opportunity for development both professionally and personally. To learn more about BPW River City, please visit our website at www.bpwrc.org or “like” us on facebook.

Make your Luncheon Reservation Today!

SEPTEMBER MONTHLY LUNCHEON MEETING

University Club of Louisville
www.ucllouisville.org
Cardinal Blvd, (North Entrance Belknap Campus) Louisville, KY (502) 852-6996

Wednesday,
September 14th, 2011
11:30am - 1:00pm

For lunch reservations, email your request to bpwreserve@gmail.com
Lunch Reservation Deadline: Friday September 9th by 4pm!

If you miss the reservation deadline, you may still attend. The Reservation is for those who intend to have lunch at the meeting. There will be a table for non-eaters at each meeting.

Meeting attendance is free and open to the public. Lunches are $20 for members or guests.

You may register in the same manner for a member or a guest, please be sure to specify that the person is a guest. Be Advised: You are financially responsible for any reservation you make whether you (or a guest) attend. Reservations are not required for non-eaters.

Please have checks made out in advance to speed-up the check-in process.
Letter from the Prez

"Mommy, I don't WANT to go to school today" is what I usually hear just about every morning of the week. My six year old daughter, Taylor, is already beginning to realize that getting older is hard. There are more responsibilities and more things are expected of her. She is also realizing that there are greater rewards for good behavior or for completing tasks.

In life we are given opportunities and challenges that we either accept or avoid.

I am very pleased to have accepted the opportunity (and challenge) of being your 2011-2012 BPW River City President.

The future holds great things for all of the members of BPW River City. We have wonderful ideas in the works and will be bringing back many of the programs that make BPW the organization for women. I ask that you commit to helping BPW succeed. Whether that is by attending monthly luncheons more frequently or participating in upcoming events. We all know that women gathered for a specific purpose can accomplish anything.

I am looking forward to an exciting year as we run into the future.

Do You Know a Rising Flame? Could You Be One?

The Rising Flame Speak-off Program recognizes and celebrates the accomplishments of successful young adults and introduces them to the mission and vision of Business and Professional Women/River City. The program offers unique opportunities for personal and professional growth and leadership experiences through participation in competitive activities, networking and workshops. This award is given annually by BPW during Kentucky Professional Women’s Week.

In October. In order to be eligible to participate, the candidate must be between the ages of 21 and 40, as of July 31, 2011, be or have been employed in career area with a minimum of one (1) year of full-time work experience, be outstanding in past and present scholastic work, community service, and/or church work, have achieved significant accomplishments in career, be living, working, training or continuing education in the area served by BPW/River City. We also ask that candidates understand and support the BPW/River City mission statement “To achieve equity for all women in the workplace through advocacy, education, and information”.

If you would like more information on this program, please contact Jennifer Morrison at jennifer.m@insighbb.com.

AT&T Pioneers & Links for Life Host September 3rd 5K

Come out to Seneca Park, September 3rd for the 28th annual AT&T Pioneer 5K run/walk. Proceeds benefit Links for Life and breast cancer treatment, education and research in the Louisville Metro area. $20 early registration; $25 after August 31st. Pre-race packets available at Fleet Street Sports on Bardstown Road, September 2, 10:00 AM – 7PM. On-line registration available at http://www.rivercityraces.com. Plenty of awards and door prizes. Late registration begins at 7AM and concludes at 7:45 AM, with the race starting at 8AM.

The race application is attached to the newsletter.
BPW Foundation – Giving Back, It’s What We Do…

The River City
BPW Foundation
is a non-profit
endowment
established to fill
a void in the
Louisville
community by
providing
financial
assistance to
non-traditional
female students.

Since 1992, the
Foundation has
awarded 165
scholarships
totaling $121,600
which includes
the scholarships
given in August
2009 to deserving
women in
Louisville area.
The money being
raised has been
mainly through
our silent auction,
donations and the
Links for Life
donation.
Donations are tax
deductible.
During the
August monthly
BPWRC luncheon
each year,
scholarship
recipients and
Links for Life
grantees will be
awarded.

And the 2011 BPW Foundation Recipients are…

This year the BPW
Foundation gave away 6
grants totaling $19,574.00!!!
The following companies
received grants: $5,000 to
Baptist Hospital East, $6,500
to Floyd Memorial Hospital
Foundation, $4,000 to Friend
for Life Cancer Support
Network, $1,500 to
Hosparus, $1,000 to Jewish
Hospital & St. Mary’s
Foundation and $1,574 to
We Survive.

In addition, the following
female students were
awarded scholarships to
pursue their scholastic
dreams: Gadira Kali Blakely,
working towards a degree in
Nursing; Julia Andrea
Cowen, working towards a
BA in Social Work w/ minor
in Criminal Justice; Tracy
Dickerson Darden, working
towards a degree in Human
Services Counseling;
LaTonay Holloway, working
towards a degree in
Administrative Justice;
Dawnequa Knox, working
towards a degree in Nursing;
Brooke Elaine McQuillen,
working on her BA in Science
Education w/ emphasis in
Special Education.

We are honored to partner
with these women as they
achieve their goals.
Become a Leader with Leadership BPW

Leadership BPW got underway on Tuesday, August 23, 2011. The first event of the 2011-2012 year was a tour of the 21C Museum. The tour started at 11:50AM and ended at 12:50PM.

SAVE the date...Tuesday, NOVEMBER 15th, “MEET THE MAYOR.” This is your opportunity to dialogue with the Mayor. He will share with the group his initiatives and we will have opportunity to ask questions, we will finish with a tour of his office. The event will start at 11:50AM and end at 12:50PM in Metro Hall. More information will be provided as we approach November 15th. Please let Debbie Pierce if you plan to attend by emailing her at dp2799@att.com or by calling her at 502-582-3056.

Dinner is on….. Executive Women International!

Executive Women International (EWI) is a fellow women driven organization that focuses on literacy and learning. Each of the EWI members represent local businesses and meet for dinner on the 3rd Tuesday of the month.

They are doing their one and only annual fund raiser right now. The attached flyers are for an awesome gift cards raffle. For a $10.00 ticket, you can be entered to win about $300.00 worth of gift cards! The winners will be announced at our Wine, Friends, & Networking event.

October 6th at 5:30 p.m.
Club Olmsted – The Bistro

$5.00 at the door gets you wine tasting, appetizers, and an opportunity to network!
Imagine Over $250.00 Gift Cards for Area Restaurants & $25.00 in GAS

$10.00 Each Purchase a Ticket on a Chance to Win Over $250.00 Dollars in Local Area Fare! You could dine out for one week and gas covered for the trip.

- $50.00 Fresh Market
- $50.00 Outback
- $25.00 Cheddars
- $25.00 O’Charleys
- $25.00 Red Lobster or Longhorn
- $25.00 Cheesecake Factory
- $25.00 Puccini’s
- $20.00 Qdoba
- $15.00 Tumbleweed
- $30.00 Papa Johns
- 2 Dinners at Chuy’s
- $ 4 3pc Meals to Lee’s

KENTUCKIANA EXECUTIVE WOMEN INTERNATIONAL IS SPONSORING
WINE, FRIENDS AND NETWORKING DRAWING TO BE HELD October 6th at
Club Olmsted – The Bistro

To Network - Join us at 5:30pm
No Dirty Dishes for a Week!
“DATE NIGHT DINING”

Imagine Over $250.00 Gift Cards for Area Restaurants and $25.00 in GAS and One Night at the Residence Inn Downtown! What a Deal!

$10.00 Each Purchase a Ticket on a Chance to Win
Over $250.00 Dollars in Local Area Fare! You could dine out for one week and gas covered for the trip.

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Ticket Price</th>
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<tbody>
<tr>
<td>Stony River</td>
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<tr>
<td>Cheddars</td>
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<tr>
<td>O'Charley’s</td>
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<tr>
<td>Mojito's</td>
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<tr>
<td>Bristol</td>
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<td>Captain’s Quarter’s</td>
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<td>Drakes</td>
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</tr>
<tr>
<td>Puccini’s</td>
<td>$25.00</td>
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<tr>
<td>Panera</td>
<td>$10.00</td>
</tr>
</tbody>
</table>

** ONE Night at the Downtown Residence Inn by Marriott

Wow!

KENTUCKIANA EXECUTIVE WOMEN INTERNATIONAL IS SPONSORING
WINE, FRIENDS AND NETWORKING
DRAWING TO BE HELD October 6th at
Club Olmsted – The Bistro

To Network - Join us at 5:30pm
DISTANCE
5 Kilometers (3.1 Miles)

ENTRY FEES
$20 early registration, $25 after August 31, 2011.
Pre-race packet pick-up at Fleet Feet Sports,
1500 Bardstown Road on Friday, September 2,
2011, 10:00 a.m. until 7:00 p.m.

PROCEEDS
To benefit the Links for Life breast cancer fight in the
Louisville area.

RACE DAY
Late registration begins at 7:00 AM and accepted
until 7:45 AM Race Day. FREE sports massages by
Louisville School of Massage. All participants will
receive T-shirts provided and screened by Shively
Sporting Goods and designed by Digital Climate
Design. Water provided by Louisville Pure Tap.
Bananas provided by Paul’s Fruit Market.

AWARDS
First overall male and female finisher will receive one
night accommodations and breakfast for two at the
lovely Hyatt Regency Louisville and 100 Kentucky
Lottery tickets. 50 Kentucky Lottery tickets for 1st male
and female Master and Grand Master. Awards Center
Trophies will be given to the top 3 male and female
finishers in each age group. The age groups are:
14 and under, 15 - 19, 20 - 24, 25 - 29, 30 - 34, 35 - 39,
40 - 44, 45 - 49, 50 - 54, 55 - 59, 60 - 64, 65 - 69, 70
and over, wheelchair. (One award per runner)

DOOR PRIZES
All participants are eligible for door prize drawings -
including dinner certificates, massage certificates,
Louisville Slugger items and many other great prizes -
must be present to win.

ONLINE ENTRIES:
http://www.rivercityraces.com

FLEET FEET
Sports

SPECIAL THANKS
TO OUR SPONSORS

Awards Center
AT&T
AT&T KY Pioneers
Beamo’s Pizza
Beauty First
Bonefish Grill
BRAVO! Cucina Italiana
Brown-Forman
Buckhead’s Mountain Grill
Carrabba’s
Cheddar Box
Churchill Downs
Dick’s Sporting Goods
Digital Climate Design
Doo Wop Shop
Dundee Candy Shop
Farley Printing
Fishel Co.
Fitness on Frankfort
Fleet Feet Sports
Happy Toes
Heine Brothers Coffee
Hotlocks Salon
Hyatt Regency Louisville
Jeff. Co. Sheriff’s Dept.
KT’s Restaurant
Kentucky Derby Museum
Kentucky Lottery
Louisville Athletic Club
Louisville Bats
Louisville Metro EMS
Louisville Police
(1st Dist.)
Louisville Pure Tap
Louisville School of Massage
Louisville Slugger
Louisville Zoo
Luckett Holdings
Manhattan Grill
Metro Parks Department,
Louisville/Jefferson Co
Metro Government
Mimi’s Cafe
Molly Malone’s
Muhammad Ali Center
O’Charley’s
Dr. Diana Okon
Panera Bread
Paul’s Fruit Market
Rent & Rave, Inc.
River City Races
Rumpke
Shively Sporting Goods
Smilin’ Slim Graphics
STAXX Roadhouse & BBQ
Texas Roadhouse
Thifty Truck Rental
Tumbleweed
U of L Football
VO2 Multisport
WW Cousins
YUM! Brands Inc.

WAIVER OF LIABILITY
In consideration of your accepting my entry, I,
intending to be legally bound, do hereby for
myself, my heirs, my executors and
administrators, do waive and release forever
AT&T, River City Races, Louisville
County Metro Government, Metro Parks, and
all the event sponsors and all rights and claims
for damages I may accrue against all persons
and agencies involved with this race, their
successors, representatives, and assigns for
any and all injuries suffered by me while
traveling to and from and while participating in
the Pioneer 5K Run / Walk on Saturday,
September 3, 2011, in Louisville, Kentucky. I
hereby represent that I have full knowledge of
the risks involved in participating in this event,
and that I am physically fit and sufficiently
trained to participate in this event. Further I
hereby grant full permission to any, all of the
foregoing to use my likeness for any publicity
and / or promotional purposes without
obligation or liability to me.

__________________________
Signature
__________________________
Date

__________________________ (If entrant is under 18)
Signature of Parent
__________________________
Date