



**Central Connections**  
ISSUE 1 | VOLUME 1 | AUGUST 2008

**-UPCOMING MEETINGS & EVENTS-**

**August 5, 2008, 6pm**

Woodford Co, United Bank, 5<sup>th</sup> Floor

**August 6, 2008, 6:30pm**

Berea, Boone Tavern

**August 13, 2008, 12pm**

Licking Valley , Bianke's Restaurant

**August 16, 2008**

BPW/KY Executive Committee

**August 18, 2008, 6:30pm**

Stanford, Historic Depot

**August 18, 2008, 6pm**

Danville Meeting

**August 25, 2008, 6pm**

Fort Harrod, Cloud's Restaurant

**September 15, 2008**

Kentucky Cardinal Deadline

Please remember to send me your events!

**Melissa's Notes!**

I am excited to be your Central Region Director! I am here to help. Please do not hesitate to contact me with any questions, concerns, and or ideas! Tell me what you want to see in your Central Connections. I look forward to working with you soon.

**A Healthy Central KY!**

As women, we need to maintain our health and help others to keep healthy! Be on the lookout for your first quarterly Central Region Health E-Newsletter coming your way in September. Each E-Newsletter will focus on a specific issue to increase your health values.

**Legislation!**

Trisha Claunch, Fort Harrod President, encourages you to send letters to our representatives on the important issues facing us specifically as women. On the BPW/USA website, you can go to Public Policy & ERA then click on "Write Your Legislators" for letters regarding the latest issues.  
Make a difference today!

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