

Fort Harrod BPW Newsletter

June 2008

June 19, 2008

Volume 1, Issue 1

Message from the President

It's hard to believe that a year has come and gone. After completing my first year as an officer for Fort Harrod BPW I feel like I have learned a lot. Since I had never served as an officer I have to honestly admit I felt like I was "flying by the seat of my pants" at times. I am so grateful to not only our devoted members of the Fort Harrod Club but also the State officers who mentored me along the way. As I begin this second year I am excited at the potential we have to help develop women through the programs that BPW offers but I am also concerned about our rapidly decreasing numbers. We must ask ourselves what has BPW done for us and share that with

other women. I encourage you to come to this month's meeting with ideas on how we can recruit new members and retain the ones we have.

I attended the BPW State Conference June 6—8. We had 89 in attendance on Saturday which is an increase over the past few years. There were four young women who participated in the Young Careerist speak-off and one from the Individual Development program. They were all very impressive.

Those in attendance raised \$3,000 for the BPW/KY Foundation. The Foundation awarded over \$11,000 in scholarships last year and another



\$6,000 this month.

I think we have a great group of women serving on the BPW KY Executive Committee and we need to tap into their ideas and resources.

Let's pull together and make this year the best ever!

Trish Claunch, Pres.



Mark Your Calendars

June Club Meeting

Our club meeting will be on **Monday, June 23rd** at 6:00 p.m. at Cloud's Family Restaurant in the back private room.

Our guest speaker will be Emily Steer from the Mercer County Health Department who

will speak on the new programs available at our local Health Department.

I encourage you to be there and to invite a guest. This is a great opportunity for us to network with other women, be educated

on health issues that effect us all and allows us to show women in our community that BPW has a lot to offer.

Inside this issue:

Your Voice Can Be Heard	2
Women's Health	2
It's a Secret?	2
Financial Report	3
Meeting Minutes	4
Upcoming Meetings	5

Did you know

- The National Federation of Business & Professional Women's Clubs was founded on July 15, 1919.
- With the passage of the 19th Amendment on August 26, 1920 women were finally granted the right to vote.

Your Voice Can Be Heard at National

For the first time ever you can vote at the BPW National level even if you cannot attend the conference. By now you should have received a ballot via e-mail or US Mail with instructions. If you have not received your ballots be sure to check your profile on the BPWUSA.org.

If you need any assistance with updating your profile just let Trish know.

If you don't have internet access at home our local library has several computers with internet access the public may utilize.

You may submit your ballots via e-mail or US mail regardless of the way you received the ballot. The polls are open between June 4 and July 2, 2008.

We will be voting for National Officers, Area Representatives, bylaw changes and legislative platform issues.

You may read the bios of all those running on the BPW USA website. Kentucky is in Area 6. Once you log on click the Quick Links on the right or under the Member Center go to "National Representative Pro-

gram.

Just as an FYI—Beth Strickland Bates was the only woman running for Area 6 Rep. that attended the BPW KY Conference. I personally met Beth and I would not hesitate to endorse her.



Women's Health



According to the CDC the leading causes of death in women in the United States are:

Females, All Ages	Percent*
1) Heart disease	27.2
2) Cancer	22.0
3) Stroke	7.5
4) Chronic lower respiratory diseases	5.2
5) Alzheimer's disease	3.9
6) Unintentional injuries	3.3
7) Diabetes	3.1
8) Influenza and pneumonia	2.7
9) Kidney disease	1.8
10) Septicemia	1.5

It's a Secret?

Don't let Fort Harrod BPW be the best kept secret in Harrodsburg. Make a list of women you know who are not members of BPW or other organizations. Tell them our meetings are open to anyone who would like to attend.

So many in our community still have the perception they must be invited to attend a meeting or to become a member. More

than once I've had someone tell me they thought you had to be "invited to become a member."

Any woman may be a member of BPW so let's all get the word out—it's not a secret.



Financial Report

FORT HARROD B.P.W.				
Profit & Loss Budget vs Actual				
INCOME				
	June 1 - May 29	Budget	Over/Under Budget	
Membership Dues	\$ 145.00	\$ 300.00	\$ (155.00)	
Miscellaneous (1/2 cash, etc)	\$ 8.50	\$ 50.00	\$ (41.50)	
Pledge Payments	\$ 640.00	\$ 1,000.00	\$ (360.00)	
Radio Auction	\$ 2,828.00	\$ 5,300.00	\$ (2,472.00)	
Scholarship Savings Transfer		\$ 1,000.00	\$ (1,000.00)	
	\$ 3,621.50	\$ 7,650.00	\$ (4,028.50)	
EXPENSE				
Central Region Assessment	\$ 25.00	\$ 25.00	\$ -	
Committee Expense				
Hospitality		\$ 50.00	\$ (50.00)	
Membership		\$ 50.00	\$ (50.00)	
Miscellaneous		\$ 47.00	\$ (47.00)	
Program	\$ 39.50	\$ 125.00	\$ (85.50)	
Community Service	\$ 175.00	\$ 300.00	\$ (125.00)	
Interim Board		\$ 50.00	\$ (50.00)	
Kentucky Cardinal Advertising	\$ 150.00	\$ 150.00	\$ -	
Membership Education/Training		\$ 1,000.00	\$ (1,000.00)	
NBWW and Radio Auction	\$ 690.07	\$ 2,000.00	\$ (1,309.93)	
National Convention		\$ 100.00	\$ (100.00)	
National Convention Dues		\$ 10.00	\$ (10.00)	
National Foundation		\$ 100.00	\$ (100.00)	
New sletter		\$ 15.00	\$ (15.00)	
P.O. Box Rental	\$ 56.00	\$ 50.00	\$ 6.00	
President's Expense	\$ 62.36	\$ 100.00	\$ (37.64)	
Scholarships	\$ 2,100.00	\$ 3,000.00	\$ (900.00)	
State Convention		\$ 175.00	\$ (175.00)	
State Convention Dues	\$ 100.00	\$ 100.00	\$ -	
State Foundation		\$ 100.00	\$ (100.00)	
State President's Gift	\$ 3.00	\$ 3.00	\$ -	
Young Careerist		\$ 100.00	\$ (100.00)	
	\$ 3,400.93	\$ 7,650.00	\$ (4,249.07)	
NET INCOME	\$ 220.57	\$ -	\$ 220.57	

Minutes

Fort Harrod Business and Professional Women's Club

April 28, 2008

The Fort Harrod Business and Professional Women met at 6 p.m. Monday, April 28, 2008 at Cloud's Family Restaurant. President Trish Claunch called the meeting to order. Along with Claunch, members in attendance were Ann Evans, Helene Freeman, Jana Buckles, and Doris Goodpastor.

A motion was made by Helene Freeman and seconded by Doris Goodpastor to accept the Minutes as printed, motion passed.

A motion was made by Jana Buckles and seconded by Helene Freeman to accept the Treasurers report as printed, motion passed.

The Corresponding Secretary received requests for donations from HOSA to assist with national competition expenses and from MCHS for Project Graduation. A motion was made by Helene Freeman and seconded by Jana Buckles to donate \$100 to HOSA. A motion was made by Helene Freeman and seconded by Ann Evans to donate \$50 to Mercer County High School's Project Graduation and to donate \$25 to Burgin High School's Project Graduation. Both motions passed.

The nominating committee presented their recommendations for the 2008 – 2009 year (see attached). A motion was made by Helene Freeman and seconded by Ann Evans that we accept the slate of officers as presented and elect by acclamation, motion passed.

Due to the Memorial Holiday, the club chose to delay the May meeting to June 2.

With no other business the meeting was adjourned.

Dedman Presents Program

Representative Milward Dedman presented our program for the evening. This year was a very busy Legislative session and was different than the past four years. They passed a budget of 18.5 billion that was roughly broken down as follows: 8.1 billion for K – 12 Education; 2.3 billion for Post Secondary Education; 2.3 billion for Medicaid; 1.3 billion for Human Services; and 1.9 billion for Criminal Justice. Of this budget, Mercer County will receive 10 million for the Agriculture Heritage Center and 1 million for the sewer system that will run to the Agriculture Heritage Center. There were a lot of bills that did not pass during the regular session. Rep. Dedman explained that many bills do not pass due to attached amendments. He allowed time for us to ask questions. It was a very interesting topic and we appreciate Rep. Dedman taking time out to share with us.

Respectfully submitted by Trish Claunch (in the absence of Rosalind Turner)

Do you have an upcoming event or something you would like to communicate to your fellow BPW members? If so let me know and I would be glad to put it in the newsletter.

Trish

Upcoming Meetings

Executive Board

(Held at Cousin's Restaurant @ 1pm)

July 10
August 14
September 11
October 9
November 13
December 11

Club Meetings

(Held at Cloud's Family Restaurant @ 6pm)

July 28
August 25
September 22
October 27
November 24
December 22





BUILDING POWERFUL WOMEN

PROFESSIONALLY • POLITICALLY • PERSONALLY



Fort Harrod BPW
Trish Claunch, President
1090 Industry Road
Harrodsburg, KY 40330