

April 2014

Volume 2, Issue 10



**I am Woman,
Hear me ROAR!**

2013-14 BPW Officers

Brownie Bennett, President
bbennett852@hotmail.com

Amy Ellis, President-Elect
imagesbyamyellis1@yahoo.com

Helen Pearson, Vice-President
sthelen365@comcast.net

Pam Womack, Treasurer
pva1995@gmail.com

Laurie Cline, Secretary
clinecl@att.net

Sharon Taylor-Carrillo, Exe. Assist.
SharonLyrae@aol.com

Cathy Hughes, Co-Parliamentarian
mamahughes1978@gmail.com

Jerilyn Hippler, Co-Parliamentarian
Jerilyn.hippler@gmail.com

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Franklin BPW
P.O. Box 155

Franklin, KY 42135

BPW-Franklin.org

Check us out on Facebook

Franklin Business and
Professional Women



The Paw Print



The Roaring News from Franklin BPW

Lines from the Lioness:

SPRING IS HERE! The weather is getting warmer, people are coming out of winter hibernation and things are hopping for Franklin BPW. At our regular meeting on March 17th, Laura Forshee Smith from the F-S EEF told us about their new program called "Power of the Pearl". It was very interesting and informative. See the article in this newsletter. It is a wonderful program and we all need to participate if we can.

The West Regional BPW Meeting was held on March 29th in Hopkinsville and Sharon Taylor-Carrillo, Cathy Hughes, Pam Womack and I attended along with Tori Womack Graves who represented us as our Aspiring Professional participant. Tori did a fantastic job and we were so proud of her. The winner was Leslie Page from Paducah BPW and the runner-up was Betsy Burkeen of the Paducah River City club. They will both represent the West Region at the State Competition in June.

Amy Ellis, Scholastic Committee Chairperson, is in the process of delivering the applications to the F-S High School for the BPW Scholarships that will be awarded to two senior girls during Senior Day. If you know any senior girl, please encourage her to apply for this scholarship. We will also be awarding the traditional BPW Loving Cup as well.

As you are probably aware, we will be holding our Equal Pay Day event on Tuesday, April 8th. Please see all the details inside this news letter. Thanks to Alice Bailey for organizing this activity. I hope everyone will support her in her efforts and attend for a little while....and you might even win something!

Go ahead and put April 21st on your calendar as this is our regular meeting and we will be electing officers for the 2014-2015 BPW year. Our nominating committee has been busy securing a slate of officers to guide us thru the next year. If anyone is interested in an office, please contact committee chair, Sharon Taylor-Carrillo. I am sure President -Elect Amy Ellis will appreciate your help! Also. Amy and I will be getting together soon to plan for the end of the year Awards and Installation Banquet in May. Details will be forwarded as soon as we have things ironed out. Depending on location availability, it will be held on our regular meeting day of Monday, May 19th unless the location is not available at that time. Pencil in Monday, Tuesday and Thursday of that week and we will let you know asap which we choose. This is the night we will celebrate all our accomplishments for the year and honor those who will lead us in the next so I hope you will make plans to attend!



Franklin BPW....let's keep hopping along!!
Brownie Bennett, President

A Publication of Franklin Business and Professional Women

**What's
NEW?**



If you have any
"What's NEW" News
please send it to
SharonLyrae@aol.com



**2014 Year
of the
HORSE**

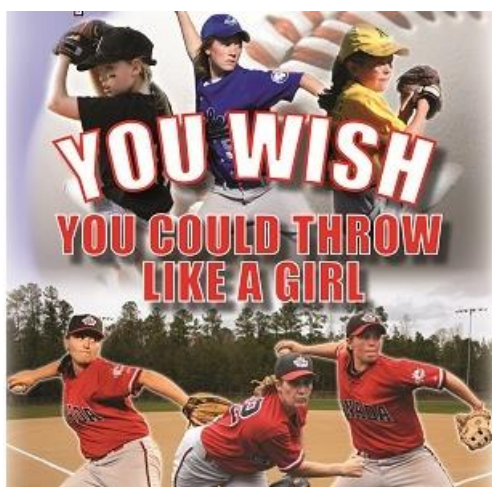
*Happy Birthday to
those having a
Birthday in
APRIL*



Leah Wood 9

Debbie Deweese 19

Anita Northington 22



**Go
Team
BPW**



Softball Schedule for the Franklin BPW Softball Team



4-7 @ 7:15

5-2 @ 5:30

4-10 @ 7:15

5-5 @ 7:15

4-14 @ 5:30

5-12 @ 7:15

4-21 @ 5:30

5-18 @ 5:30

4-28 @ 5:30



**All games are played at the Jim Roberts
Community Park on the lower field.**

**If you get a chance please try to attend a game
and support them. (wear your BPW Shirt)**

ANSWERS =to the questions in the March Newsletter about Women in History.

Madeleine Albright (b. 1937)

Gertrude Boyle (b. 1925)

Wilma Mankiller (1945 – 2010)

Anne Bradstreet (1612 – 1672)

Olympia Brown (1835 – 1926)

Patsy Mink (1927-2002)

Rachel Carson (1907 – 1964)

Rita Dove (b. 1952)

Mary Dyer (c. 1611 - 1660)

Crystal Eastman (1881 – 1928)

Ida Wells-Barnett (1862 – 1931)

Drew Gilpin Faust (b. 1947)

Geraldine Ferraro (b. 1935)

Mary Bickerdyke (1817 – 1901)

Eleanor Roosevelt Oct. 11, 1884- Nov. 7,
1962

Highlights from the March Meeting



Power of the Pearl

Laura Smith with the FSEEF was the speaker at the March BPW Meeting. She explained about the Power of the Pearl Project. We are daughters, mothers, entrepreneurs, educators, leaders. We are women who care about our community. We invite ladies of all ages and stages to join us in celebration of our women's fund Power of the Pearl. To learn more about Power of the Pearl, follow this link:

<http://www.fseef.org/powerofthepearl/>

BPW membership,

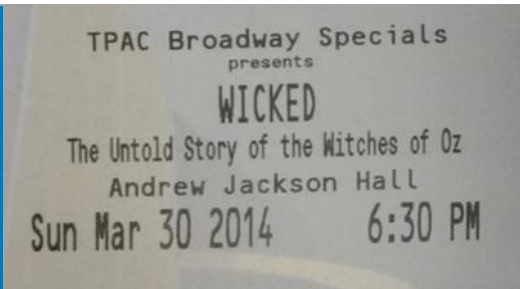
**Please join us for a light supper in celebration of the Power of the Pearl
a new endeavor by the Franklin Simpson Educational Excellence Foundation
Thursday, April 10, at 6:00 p.m. at the Franklin Presbyterian Church Cornerstone**

For details about this event call 586-8018 or powerofthepearl2014@gmail.com

On Sunday March 30th twenty women from Franklin had a great time in Nashville. Some ate dinner at Monell's and others went to Demo's. Six attended the Southern Women's Show, and totally enjoyed the firemen. We all met up at 6:00pm to enjoy the show at TPAC. Everyone had a wonderful Wicked time.



2014 Southern Women's Show at the Music City Center





Equal Pay Day

Tuesday, April 8th, 2014

You are invited to an

“UN” HAPPY HOUR EVENT

at the **The BrickYard Café**

They will offer a **23% discount** for all **“Women”**
between 5:00pm and 7:00pm.

Red purses will be given away ---with the prize money inside of
a difference between a man and women's pay for:

a week \$10.80, a month \$43.20, and 6 months \$259.20

Also we will give away two BPW memberships!



**Equal Pay Day Chair Alice
Bailey and other BPW
members accept
Proclamations for Equal Pay
Day from the County Judge
Jim Henderson and from the
City Mayor Ronnie Clark**



**Wear RED on
Equal Pay Day
to symbolize how far
women and minorities are
"in the red" with their pay.**



Equal Pay Day is Tuesday, April 8, 2014. This date symbolizes how far into 2014 women must work to earn what men earned in 2013.

Equal Pay Day was originated by the National Committee on Pay Equity (NCPE) in 1996 as a public awareness event to illustrate the gap between men's and women's wages.

Since Census statistics showing the latest wage figures will not be available until late August or September, NCPE leadership decided years ago to select a Tuesday in April as Equal Pay Day. (Tuesday was selected to represent how far into the work week women must work to earn what men earned the previous week.) The date also is selected to avoid religious holidays and other significant events.


Since 2000 we have seen a dramatic change going from May 11th in 2000 up to April 8, 2014.

Because women earn less, on average, than men, they must work longer for the same amount of pay. The wage gap is even greater for most women of color.

We've come along way, but we still have a long way to go.

If only women had a coupon like this...

**23%
off**



*All Goods and Services
for Any Female Bearer*

Valid for all purchases in the USA only.
No exclusions. Expires 2063.



...they wouldn't suffer from the wage gap.

VALUE FAMILIES — Support Equal Pay

SUPPORT
EQUAL PAY
FOR EQUAL WORK

*Women earn an average
of just 77 cents for every dollar
earned by men*



The wage gap is not a myth.

In 1963, women earned 59 cents for every dollar that men earned. Today, women have made up less than half of that pay gap. A substantial gap persists even when education, industry, and hours are taken into account.

SUPPORT
EQUAL PAY
FOR EQUAL WORK

*49,000,000 children
depend on women's salaries*



*Today, more than 50 percent of households
have women breadwinners.*

When women earn less than their fair share, that loss harms women and weakens their families, communities, and our entire economy.

SUPPORT
EQUAL PAY
FOR EQUAL WORK

*In more than 50%
of American households,
women are breadwinners*



*It's true, in more than 50% of American households,
women's salaries help pay the bills, buy groceries and
provide for their families.*

When women earn less than their fair share, that loss harms women and weakens their families, communities, and our entire economy.

SUPPORT
EQUAL PAY
FOR EQUAL WORK

*The gender wage gap
puts women at a
career-long disadvantage*



*In 2011, a typical 25-year-old woman working full time all
year earned \$5,000 less than a typical 25-year-old man.*

In just ten years, her cumulative lost wages will reach \$34,000. According to U.S. Census data, by age 65, the average woman will have lost \$431,000 over her working lifetime as a result of the earnings gap.

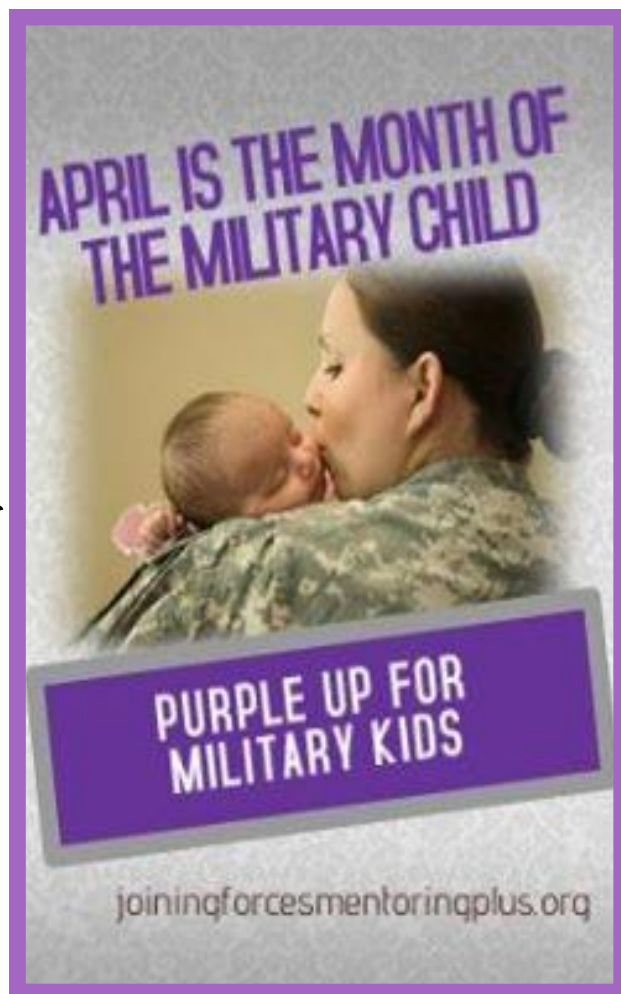
. April is :

- National Humor Month
- International Guitar Month
- Keep America Beautiful Month
- Lawn and Garden Month
- National Poetry Month
- National Pecan Month
- National Welding Month
- Records and Information Management Month
- Stress Awareness Month
- Sexual Assault Awareness Month
- Autism Awareness Month



Weekly Celebrations:

- Week 1 Library Week
- Week 1 Read a Road Map Week.
- Week 2 Garden Week
- Week 3 Organize Your Files Week
- Week 3 Medical Labs Week
- Week 4 Administrative Assistants Week
- Week 4 National Karaoke Week



1 April Fool's Day

2 National Peanut Butter and Jelly Day

4 National Walk to Work Day - first Friday of month

7 World Health Day

13 Scrabble Day

14 National Pecan Day

16 National Librarian Day

16 National Stress Awareness Day

17 Blah, Blah, Blah Day

17 National High Five Day third Thursday

18 Newspaper Columnists Day

19 National Garlic Day

20 Easter

20 Look Alike Day

20 Volunteer Recognition Day

21 Dyngus Day always the Monday after Easter

21 Kindergarten Day

22 Girl Scout Leader Day

22 National Jelly Bean Day

23 Executive Admin's Day (Secretary's Day) - date varies, Also called Administrative Professional's Day

23 National Zucchini Bread Day

24 Take Your Daughter to Work 4th Thursday

25 World Penguin Day

26 National Pretzel Day

****April Highlights in US Women's History****

April 2, 1931 - 17-year-old Jackie Mitchell, the second woman to play baseball in the all-male minor leagues, pitches an exhibition game against the N.Y. Yankees and strikes out both Babe Ruth and Lou Gehrig. The next day, the Baseball Commissioner voided her contract, claiming baseball was too strenuous for women. The ban was not overturned until 1992

April 5, 1911 - 100,000 to 500,000 people march in New York City to attend the funeral of seven unidentified victims of the Triangle Shirtwaist Company fire in late March

April 7, 1805 - Sacagawea begins helping the Lewis and Clark Expedition as an interpreter

April 7, 1987 - Opening of the National Museum of Women in the Arts in Washington, D.C., the first museum devoted to women artists

April 9, 1939 - Marian Anderson sings an Easter Sunday concert for more than 75,000 at Lincoln Memorial

April 13, 1933 - Ruth Bryan Owen is the first woman to represent the U.S. as a foreign minister when she is appointed as envoy to Denmark

April 19, 1977 - 15 women in the House of Representatives form the Congressional Caucus for Women's Issues

April 22 - Earth Day, honor Rachel Carson today, a woman who changed America and greatly influenced the environmental movement (her revolutionary book, *Silent Spring*, is available at www.nwhp.org)

April 26, 1777 - American Revolution heroine Sybil Ludington, 16 years old, rides 40 miles on horseback in the middle of the night to warn the American militia that the British were invading

April 28, 1993 - First "Take Our Daughters to Work" Day, sponsored by the Ms. Foundation, in 2003 it became "Take Our Daughters and Sons to Work" Day

*****April BIRTHDAYS*****

April 1, 1911 (1998) - Augusta Baker, renowned storyteller in New York public libraries, created bibliography in 1939 of suitable children's books to represent African-American history and culture

April 5, 1901 (1968) - Hattie Alexander, pediatrician & microbiologist, identified and studied antibiotic resistance

April 7, 1944 (2002) - Julia Miller Phillips, film producer, first woman to win an Academy Award for Best Picture for "The Sting" (1973) as a producer, also produced "Close Encounters of the Third Kind" and "Taxi Driver"

April 8, 1892 (1979) - Mary Pickford, most successful actress in silent films, started in Toronto (1898) then moved to New York (1909), starred in 42 films by D. W. Griffith then 32 in Hollywood (last silent movie in 1927), won Academy Award for "Coquette" (1929), created United Artists production company with five others

April 9, 1887 (1953) - Florence Price, first African-American woman symphony composer

April 10, 1930 - Delores Huerta, Chicana activist, labor organizer, co-founder of the United Farm Workers union

April 12, 1917 (1991) - Marietta Tree, born Mary Endicott Peabody, militant for civil rights issues, famous for hosting dinners and calling for reforms in the Democratic Party

April 13, 1909 (2001) - Eudora Welty, writer, photographer, won Pulitzer Prize for Fiction (1973), awarded the Presidential Medal of Freedom, the National Medal of Literature, and the French Legion d'Honneur

April 14, 1866 (1936) - Anne Sullivan Macy, famous teacher of Helen Keller who was blind, deaf, and mute, the two worked and traveled together

April 15, 1894 (1937) - Bessie Smith, began career about 1902, learned country blues from Gertrude "Ma" Rainey, made 160 recordings, billed as the "Empress of the Blues," career declined by 1931 amidst economic depression and the advent of radio

April 16, 1971 (1995) - Selena Quintanilla-Perez, (1995) - singer who popularized the Tejano sound of Mexico in the 1990s, turned to original fashion boutique design, manager of the store, Yolanda Saldivar fatally shot her, is now sentenced to life, Gov. Bush declared April 16 Selana Day.Thanks,

April 17, 1913 (1997) - Dorothy Fosdick, worked as federal official from 1942 to 1953 developing the Truman Doctrine and the Marshall Plan, advised on national security & wrote speeches for Henry "Scoop" Jackson (1955-83)

April 24, 1934 - Shirley MacLaine, veteran film and theater actress, dancer, latest appearance in British television on "Downton Abbey"

April 24, 1940 - Sue Taylor Grafton, author of the alphabetic detective novel series featuring Kinsey Millhone, from "A is for Alibi" to "V is for Vengeance" (2011)

April 24, 1942 -Barbra Streisand, singer, actress, director and producer, won two Academy Awards for "Funny Girl" (1968) and one for lyrics (to "Evergreen") in "A Star is Born," produced 51 gold albums, 30 platinum records, and 13 multi-platinum albums

April 25, 1917 (1996) - Ella Fitzgerald, "First Lady of Song," internationally renowned jazz singer, winner of 13 Grammy Awards

April 27, 1927 (2006) - Coretta Scott King, civil rights, human rights, and peace activist

April 29, 1913 (1999) - Margaret Owings, California artist, writer, environmental activist, founder of Friends of the Sea Otter (1968), assisted the Environmental Defense Fund

April 30, 1939 - Ellen Zwilich, first woman to win a Pulitzer Prize for Music (1983) Reproduce freely.

EASTER April 20, 2014

The real meaning of Easter, is the Resurrection of Jesus Christ from the dead. To Christians, it is the most special day of the year. Yes, the birth of Christ is quite important. But, his resurrection offers the hope of everlasting life to everyone! The Lenten season leading up to Easter Sunday is a time of fasting, sacrifice and prayer. It is the Christian way of replicating in a small way what Christ sacrificed for us, both in his fasting and his final death on the cross.

Easter also is celebrated with the Easter Bunny, colored eggs, jelly beans, and lots of chocolate. He (or she, as we are never quite sure about this) comes on Saturday night leading to Easter Sunday morning. He brings lots of chocolates and other candies. That's one meaning to Easter, especially if you are a kid or a "Chocolaholic".

There is a famous Easter game called the Easter Egg Hunt. Early morning kids go outside to find the many colored Easter eggs that the Easter bunny has hidden the night before. The Easter Egg Hunt was the first game ever invented. It is said that the reason this tradition started was because of the Easter Bunny dropped the eggs on the way to deliver them and they hide themselves. That is how the Easter Egg Hunt was supposedly invented. .

Most of us will celebrate both parts of this spring holiday. Upon awakening Easter Sunday morning, the children will hunt for the Easter basket left by the Easter Bunny. Then the family will dress in their finest new spring clothes, and go off to church to celebrate Christ's resurrection. From there, the holiday tradition varies. Some have a big breakfast or brunch feast. Other family will have a big main meal with baked ham being the most common meat. Brightly colored hard boiled eggs will also be popular. It is not a day for high cholesterol diets. It is a day to feast as the long lenten season is over and Christ has arisen.

Easter Lilies are a popular flower and sign of Easter. They are great as gifts for mom or grandma, or to decorate your home or office. Garden stores and floral shops force the blooms to peak as Easter arrives, providing a splash of color to the early spring season. They are grown from bulbs, and can be transplanted into your home garden after the blooms have died off. Then, they will bloom in your flower garden every spring! More on growing and caring for Easter Lilies.

Setting the date: The date for Easter changes every year. It is the first Sunday after the full moon following the spring equinox. The 2015 date for Easter will be April 5th .

Easter Thought to Ponder: The nice thing about being senile is, you can hide your own Easter eggs.





Happy Easter



Bunny

Basket

Easter

Grass

EasterLily

Dinner

Eggs

Bonnet





HEALTHY, WEALTHY & WISE

A program to help us learn about becoming

HEALTHY in mind, body & soul; **WEALTHY** in finances and friendships;
WISE in decisions and relationships.... and always learning.

HEALTHY EATING PLATE

Use healthy oils (like olive and canola oil) for cooking, on salad, and at the table. Limit butter. Avoid trans fat.



The more veggies – and the greater the variety – the better. Potatoes and French fries don't count.

Eat plenty of fruits of all colors.

VEGETABLES

WHOLE GRAINS

HEALTHY PROTEIN

FRUITS



Drink water, tea, or coffee (with little or no sugar). Limit milk/dairy (1-2 servings/day) and juice (1 small glass/day). Avoid sugary drinks.

Eat a variety of whole grains (like whole-wheat bread, whole-grain pasta, and brown rice). Limit refined grains (like white rice and white bread).

Choose fish, poultry, beans, and nuts; limit red meat and cheese; avoid bacon, cold cuts, and other processed meats.



STAY ACTIVE!

© Harvard University

“WEALTHY”

7 Spring Home Maintenance Projects That Will Save You Money

Caulk the windows, clean the vents and bask in the sunshine of savings.

When we talk about money-saving home maintenance projects, we often focus on winter. After all, heating a home is expensive, and we'll do whatever we can to reduce the winter bills.

But many projects better suited for warmer weather can save you money, too. Here are eight projects to tackle this spring:

1. Clean the refrigerator and air conditioner coils. Your fridge and air conditioner work in nearly the same way – by exchanging heat through a system of coils. When those coils are dirty and dusty, they can't exchange heat as efficiently, so the system has to run harder and longer to have the same cooling effect.

Luckily, cleaning these coils is simple. Just take a vacuum hose to the coils on the back of your fridge. For an outside air conditioner unit, you'll need to disassemble the casing (making sure the power to the unit is off first), and clean using canned air and/or a stiff brush and spray bottle.

2. Schedule routine heating, ventilation and air conditioning maintenance. Yes, it costs money to get an HVAC professional to look over your system. But routine maintenance costs much less than major fixes down the road. So call and schedule your HVAC maintenance now. To save even more, check websites such as Groupon, Amazon Local and Angie's List for deals with local HVAC companies.

3. Inspect and repair your roof. Spring is the time to get out on the roof to check for ice, hail or water damage from winter. Repairing minor damage can be a quick do-it-yourself fix, and staying on top of your roof's condition (no pun intended) can save you money by avoiding water damage later on.

4. Clean gutters. This can be a Saturday-long spring chore for many, but it's important, especially if you live in an area with April showers.

Water doesn't properly pass through clogged gutters. And that means more water gets near the foundation of your home. This may not cause immediate problems, but over time, too much water near the foundation can cause damage and weakening, which are expensive problems to fix later.

5. Clean the dryer vent. Just like your refrigerator doesn't work properly with dusty coils, your dryer is less efficient with a lint-filled vent. Even if you clean the lint trap before every load of laundry, you'll still get some lint in the vent hose, which builds up over time.

To clean the vent, just remove the vent hose from the back of the dryer and vacuum it well. Then, remove the vent cover on the outside of your home, and vacuum it from that side, too.

6. Check the washing machine hoses. Over time, washing machine hoses can crack, which can cause leaks. Sometimes, these inconspicuous leaks go on for weeks or months unnoticed, usually because the washer is pushed back into a corner. This can cause mold problems, water damage and more.

So while you've got the dryer pulled out to clean the vent, pull out the washer, too. Check that the hoses are still flexible, and they show no signs of cracking. If they do look worn or cracked, just replace them. It's an easy fix!

7. Re-caulk windows and doors. You might have caulked your doors and windows before the winter chill set in. Unfortunately, even the best caulk can harden, crack and shrink when it's cold outside.





“WISE”

14 Simple Gardening Tips and Tricks



From using leftover coffee beans to preventing dirt from getting underneath fingernails, master gardener Paul James shares his top 14 tips and shortcuts to make spring gardening a breeze.

1. To remove the salt deposits that form on clay pots, combine equal parts white vinegar, rubbing alcohol and water in a spray bottle. Apply the mixture to the pot and scrub with a plastic brush. Let the pot dry before you plant anything in it.

2. To prevent accumulating dirt under your fingernails while you work in the garden, draw your fingernails across a bar of soap and you'll effectively seal the undersides of your nails so dirt can't collect beneath them. Then, after you've finished in the garden, use a nailbrush to remove the soap and your nails will be sparkling clean.

3. To prevent the line on your string trimmer from jamming or breaking, treat with a spray vegetable oil before installing it in the trimmer.

4. Turn a long-handled tool into a measuring stick! Lay a long-handled garden tool on the ground, and next to it place a tape measure. Using a permanent marker, write inch and foot marks on the handle. When you need to space plants a certain distance apart (from just an inch to several feet) you'll already have a measuring device in your hand.

5. To have garden twine handy when you need it, just stick a ball of twine in a small clay pot, pull the end of the twine through the drainage hole, and set the pot upside down in the garden. Do that, and you'll never go looking for twine again.

6. Little clay pots make great cloches for protecting young plants from sudden, overnight frosts and freezes.

7. To turn a clay pot into a hose guide, just stab a roughly one-foot length of steel reinforcing bar into the ground at the corner of a bed and slip two clay pots over it: one facing down, the other facing up. The guides will prevent damage to your plants as you drag the hose along the bed.

8. To create perfectly natural markers, write the names of plants (using a permanent marker) on the flat faces of stones of various sizes and place them at or near the base of your plants.

9. Got aphids? You can control them with a strong blast of water from the hose or with insecticidal soap. But here's another suggestion, one that's a lot more fun; get some tape! Wrap a wide strip of tape around your hand, sticky side out, and pat the leaves of plants infested with aphids. Concentrate on the undersides of leaves, because that's where the little buggers like to hide.

10. The next time you boil or steam vegetables, don't pour the water down the drain, use it to water potted patio plants, and you'll be amazed at how the plants respond to the "vegetable soup."

11. Use leftover tea and coffee grounds to acidify the soil of acid-loving plants such as azaleas, rhododendrons, camellias, gardenias and even blueberries. A light sprinkling of about one-quarter of an inch applied once a month will keep the pH of the soil on the acidic side.

12. Use chamomile tea to control damping-off fungus, which often attacks young seedlings quite suddenly. Just add a spot of tea to the soil around the base of seedlings once a week or use it as a foliar spray.

13. If you need an instant table for tea service, look no farther than your collection of clay pots and saucers. Just flip a good-sized pot over, and top it off with a large saucer. And when you've had your share of tea, fill the saucer with water, and your "table" is now a birdbath.

14. The quickest way in the world to dry herbs: just lay a sheet of newspaper on the seat of your car, arrange the herbs in a single layer, then roll up the windows and close the doors. Your herbs will be quickly dried to perfection.



KFBPW
2013-14
President
Amanda
Ishmael



*Visit Bpw-ky.org
for more information*



2014 Spring Region Meeting Dates:

**West Region – Tammy Owen
March 29**

**North Central – Donna Seeberger
April 5**

**South Central – Tammy Cundiff
April 19**

**State Conference
June 13-14, 2014
Four Points by Sheraton
in Lexington, KY**

2014-15 Mark Your Calendar

**The 2014 IB meeting will be held in
Glasgow on October 25th at the
T.J. Samson Regional Health Center**

**The 2015 State Convention will be held
at the Barren River State Park on
June 5 and 6, 2015**

20 Kentucky BPW Local Organizations listed by Region

West Region Locals

Central City BPW
Franklin BPW
Hopkins County BPW
Hopkinsville BPW
Paducah BPW
Paducah-River City BPW
Princeton BPW

North Central Region

Berea BPW
BPW/River City, Inc.
Danville BPW
Fort Harrods BPW
Licking Valley BPW
Springfield BPW
Woodford County BPW

South Central Region

Campbellsville BPW
Glasgow BPW
Middlesboro BPW
Russell County BPW
Somerset BPW
WKU-Glasgow Samothrace

2014 West Region Spring Meeting

Saturday, March 29, 2014



2013-14 West Region Team:

Treasurer—Diane Croney-Turner

Assistant Director— Brownie Bennett

Director—Tammy Owens

Secretary—Cathy Hughes



West Region Aspiring Professional Participants

1 Tori Graves—Franklin BPW

2 Betsy Burkeen—Paducah River City BPW

3 Leslie Page —Paducah BPW

4 Brooke Archilla— Hopkins County BPW

Winner - Leslie Page

Runner Up—Betsy Burkeen



2014-15 West Region Team:

Treasurer—Diane Croney-Turner

Assistant Director— Betsy Burkeen

Director—Wanda Crowe

Secretary—Cathy Hughes

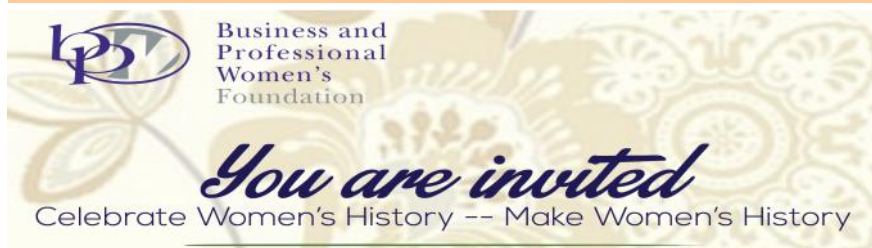


Attending the West Region Meeting from Franklin:

Tori Graves, Pam Womack, Brownie Bennett,
Cathy Hughes and Sharon Taylor-Carrillo



BPW Foundation National News:



We are pleased to recognize the vital contributions made by

Joining Forces Mentoring Plus® Champions:

Angel Outreach Award: Courtney Banks Spaeth,
Founder & CEO of NSAWW

Innovative Programming Award: Alliant Credit Union

Action with Compassion Award: Booz Allen Hamilton

Grassroots Award: BPW North Carolina

Career Development Panel, Tools & Resources for the Civilian Workplace
Learn about tools and resources valuable in identifying a career path and
pursuing the route to success in the civilian workplace

Career Development Panel, Social Media Strategies for Career Success
Find out how to use social media to support you as you explore industries
and opportunities, create your online brand, and cultivate networks

Cocktail & Networking/Awards Reception



*BPW Foundation's Role
Business and Professional Women's
(BPW) Foundation and its advisory
councils and employer partners
provide oversight, mentor training,
research and analysis for Joining
Forces Mentoring Plus™.*

202-293-1100

www.bpwfoundation.org

foundation@bpwfoundation.org



March 25th BPW CEO
Debbie Frett attended a
Capitol Hill Women's History
Month celebration honoring
Fed Chair Janet Yellen and
hosted by House Democratic
Leader Nancy Pelosi .



**Debbie
Frett and
Karen
Montagne
at the
Champions
of Change
Honoring
Women
Veterans
and
Leaders**



House Minority Leader Rep. Nancy Pelosi
(D-CA) (L), Federal Reserve Chair Janet
Yellen (C), and IMF President Christine
Lagarde (R) during an annual Womens
History Month reception honoring Yellen.
(Photo by Alex Wong/Getty Images)

Kentucky

Senator David Givens

District 9 (R)

(502) 564-8100 Ext. 624



Bio :

Born 1966. Presbyterian. Managing Partner Central Farmers Supply. 1985 Green Co High School, valedictorian. WKU, MA 1997. WKU, BS Ag 1989. Founding Bd member Green Co, Ag Dept. Upward Basketball Supporter.

Interim Committees

Agriculture; Appropriations and Revenue; Education; Health and Welfare

Session Committees

Agriculture (S); Appropriations & Revenue (S) [Vice Chair]; BR Sub. on Econ Dev. & Tourism, Nat. Res. & Envir. Prot. (S) [ex officio]; BR Sub. on Education (S) [ex officio]; BR Sub. on Gen. Govt., Finance & Public Protection (S) [ex officio]; BR Sub. on Human Resources (S) [ex officio]; BR Sub. on Justice & Judiciary (S) [ex officio]; BR Sub. on Transportation (S) [ex officio]; Education (S); Health & Welfare (S) [Vice Chair]

Statutory Committees

2014-2016 Budget Preparation and Submission; Education Assessment & Accountability Review Subcommittee; Medicaid Oversight and Advisory Committee

Representative
Wilson Stone
District 22 (D)

(502) 564-8100 Ext.



Bio:

Born November 16, 1952. Self-employed Farmer. Church of Christ. Allen Co HS, 1970. WKU, BS 1974, MS 1978. Allen Co School Bd member 24 years. Allen Co-Scottsville Chamber of Commerce. Allen Co Farm Bureau Pres. JC Outstanding Young Farmer 1986. Leadership of KY 1996.

Interim Committees

Agriculture; Banking and Insurance; Economic Development and Tourism; Education

Session Committees

Agriculture & Small Business (H) [Vice Chair]; Banking & Insurance (H); BR Sub. on Gen. Govt., Finance & Public Protection (H) [Vice Chair]; Economic Development (H); Education (H) [Vice Chair]

Statutory Committees

Tobacco Settlement Agreement Fund Oversight Committee [Co-Chair]



Call the Toll-Free Legislative Message Line at

1-800-372-7181 to leave a message.



State Legislative Platform. The entire legislative platform of the Kentucky Federation addresses economic equity, paycheck fairness, civil rights, health, social security, family and medical leave, medical privacy and employment discrimination, welfare reform, and victim's rights, among other subjects.



Legislative Committee

Mission Statement

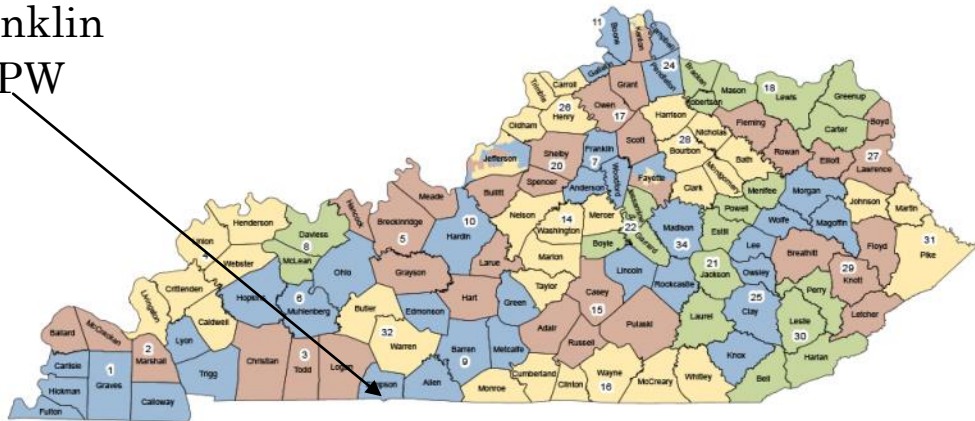
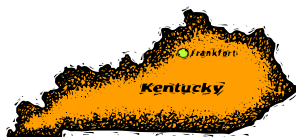
The mission of the Kentucky Federation of Business and Professional Women's Clubs, Inc. is to achieve equity for all women in the workplace through advocacy, education and information. KFBPW's vision is to be the leading advocate for working women. The Alice Paul Equal Rights Amendment shall stand first, foremost, and above all other items which may appear on the state platform of this Federation until equal, legal rights for women and men become guaranteed in the United States Constitution, because all statutory law derives there from.

Franklin, Kentucky

Simpson County

Home of the:

**Franklin
B&PW**



The Alice Paul Equal Rights Amendment

Equality of rights under the law shall not be denied or abridged by the United States or by any state on account of sex.

Community Calendar of Events:

April 3 Kiwanis Meeting at Noon
 April 8 Equal Pay Day
 April 10 Power of the Pearl
 April 12 Egg Hunt on the Square 10am
 April 17 Kiwanis Meeting at Noon
 April 21 BPW Meeting
 April 29 Senior Commodity Pick Up

14-15 Slate of Officers

Vice President Beth Fiss

Secretary Barbara Markell-Thomas

Treasurer Pam Womack

Nominations will be taken from the floor. We will elect officers at the April meeting. Installation in May.

The Franklin BPW meets the third Monday of each month at the Electric Plant Board, Blewett Bradley Building
(unless we have a Special Program or Activity)
**Dinner at 6:30,
 Program at 7:00,
 Business Meeting at 7:30.**
We welcome and invite guests to attend.
Please contact President Brownie Bennett for information about joining the Franklin Business and Professional Women's Club.

**bbennett852@hotmail.com or
 270-776-5783**

~ APRIL 2014 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 	31	1 	2 PsP	3 	4	5 
	****	FRANKLIN SPRING BREAK			****	KFBPW Region Meeting
6	7 	8 Equal Pay Day 	9 PsP	10 	11	12 Easter Hunt 
	AAHC Fundraiser at Dairy Queen			SNAP Ed Class at the AAHC BWC		
13 Palm Sunday	14	15 	16 PsP	17 	18 Good Friday	19 KFBPW Region Meeting
20 	21 BPW Meeting @ Blewett Bradley Building	22 Business after Hours	23 PsP	24 Lincoln's Jr. Miss	25	26 Earth Day Fair
27	28	29 Commodity Pick Up	30 PsP	