2008-09 BPW Leadership Team

President – Sharon Taylor
SharonLyrae@aol.com
Pres. Elect – Amy Ellis
aellis@franklinfavorite.com
Vice Pres.– Joyce Montgomery
montgomery_joyce@hotmail.com
Secretary – Debbie Johnson
debwbrown@aol.com
Executive Assistant. Cathy Hughes
highesj@bellsouth.net
Treasurer – Pam Womack
pamelab.womack@ky.gov
Parliamentarian – Katherine McCutchen
charliesinc@bellsouth.net
Immed. Past Pres. – Suzanne Forshee
suzanne_forshee@comcast.net

Message from the President:
Hello Ladies. First of all I would like to Thank everyone who worked, participated, or had anything to do with National Business Women’s Week. The week was great, everything was well attended and I know we got the word out to all about NBWW and the Franklin BPW. Photo’s and information about NBWW are inside on pages 4 and 5. Thank you all for your hard work. I truly appreciate what you do for BPW.

November is here and I know that everyone is busy during the next few months. Our November 17th meeting will be on something we all need to be more aware of, “Breast Cancer”. Everyone that wears something Pink will receive a gift.

Have a great month Ladies. See you on the 17th in PINK.

Sharon

2 New members were inducted into the Franklin BPW at the October Banquet
Welcome Ladies: Jessica Bell and Marlene Nelson

November 17th
At the Blewett Bradley Building
Dinner at 6:30
$7.00 per person
Program 7:00
Breast Cancer Awareness
Meeting 7:30

PLEASE RSVP to Cathy by Fri. 14th
November 2008

Sun Mon Tue Wed Thu Fri Sat

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**TUTORS are still needed!!!**
The African American Heritage Center has after school tutoring available on Tues. & Wed. from 3:30pm to 4:30pm at the Brooks-Wright Center. If you would like to volunteer as a tutor, please contact Sharon Taylor for more information 586-0099.

**A background check is done on all volunteers**

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**NOVEMBER IS:**
Pancratic Cancer Awareness Month, National Novel Writing Month, Alzheimer’s Disease Awareness Month, National Homeless Youth Awareness Month

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The Great American Smokout sponsored by the American Cancer Society occurs on the third Thursday of November, one week before Thanksgiving. Smokers are encouraged to quit smoking for these 24 hours, in hopes that they will quit forever.

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Thursday November 27th is Thanksgiving

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November 28th the day AFTER Thanksgiving, a famous day for shopping known as “Black Friday”

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WRECC 2008 Holiday Open House
November 20th
698 Morgantown Road, Franklin
2:00 to 4:00
Recipe Books, Decorating Ideas & More!!

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**Dates to Remember**

November 4 Election Day
November 11 Veteran’s Day
November 17 BPW Meeting
November 21-22 KY Interim Board

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**We are Women Helping Women.**

You can advertise in the Cardinal

Business Card Size 35.00
¼ Size 60.00
½ Size 85.00
Full Page Size 150.00

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**African American Heritage Center**
500 Jefferson St.
Open 9:00 to 4:30
Monday-Friday
AAHOnline.org
270-586-0099
Located across from Dunn’s BBQ

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**DUNN’S BBQ**

410 Jefferson Street
Wed-Fri 10:30-5:00
Saturday 10:30-3:00
270-586-5115
Custom Catering Available
Horace Dunn, Owner–Operator

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Debbie Brown Johnson
Broker/Owner
RE/MAX Community Executives
310 N. College
Franklin, KY 42134
270-586-4881 (office)
270-776-0225 (mobile)
270-586-4624 (fax)
www.homesinfranklin-ky.com
Debbie Johnson is licensed to sell real estate in KY, USA
Vote for BPW/USA

The BPW/USA Finance Committee encourages all members to support the Vote for BPW/USA’s Future Resolution by making a monetary contribution to the Challenge Grant. In honor of our 90th Anniversary in 2009 you can help support BPW/USA by making a contribution of $20.09. By meeting the Challenge Grant of $100,000, BPW/USA will be in a much better position to approach and secure additional funding from other Foundations, organizations and corporations. Support BPW/USA, secure the future of our organization and honor the 90th Anniversary of the leading advocate for working women…BPW/USA!

Donations can be made online or by sending your check to BPW/USA, 1620 Eye Street, N.W., Suite 210, Washington, DC 20006. Watch the monetary thermometer increase and your name scroll across a webpage…make your contribution today!

For those of you who did not get to attend the Self Defense Class during NBWW, there will be another class offered Nov. 6th from 7pm to 8pm at the East West Kung Fu 500 North Main St.

No need to register, just go if you can and bring a friend.

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Portraits With Santa

Sunday, Nov. 9
1 p.m. - 4 p.m.
at
Gallery on the Square
by
Images by Amy

Photography Amy Ellis
no appointment needed!
view photos & make you order for prints or Christmas cards while you are there!

Please see below information about Portraits with Santa on Nov. 9 during the Holiday Open House. We will be at Gallery on the Square from 1-4. You don’t need an appointment, just stop by. You can see your photos and place your order at that time.

Also, I have already begun taking family portraits at the studio for Christmas gifts and Christmas cards. I will have the Christmas tree up by Nov. 22 and will begin shooting photos by the tree at night and on the weekends through the middle of December. If any of you are interested, just give me a call. 270-586-4503, 270-586-4481 or 270-647-0621

I have some new Christmas cards to offer this year or I will personally design them for you. I can send you a sample of my daughter’s Christmas card from last year if you would like to see an example.

Please pass this along to anyone who might be interested!
Thanks so much, Amy Ellis
MONDAY
Awards Banquet at the Blewett Bradley Building

Woman of the Year: Debbie Johnson

Woman of Achievement: Robin Hollingsworth

Business Equity Award: Franklin Bank and Trust Company

Non-Traditional Scholarship: Lacresia Tarrence

2008 Young Careerist: Jessica Bell
National Business Women’s Week     October 19-24

SUNDAY—Prayer Breakfast at the Franklin Country Club
Speaker was Melinda James

TUESDAY NIGHT—Political Forum at Central Office

WEDNESDAY—Lunch and Learn about Women’s Self Defense at East West Kung Fu

THURSDAY—Lunch and Learn about Heart Health and Breast Cancer Awareness at the Blewett Bradley Building

FRIDAY—Ladies Luncheon at the Franklin First Baptist Church And Fashion Show at 12 noon
The 4-H Banquet was held on Monday October 27th – BPW sponsored the Secretaries Award, which went to 4-H member Ally Clay.

Friends are like chocolates: It’s what’s inside that makes them special!!

Beauty

Beauty is a concept we think of it as grand
Beauty holds a special place for the carnal man

Yet beauty is only as deep as the eyes can see
The real beauty is the spirit that loves you and me

Think for a moment what beauty means to you
Can it save your poor soul and take away your blues

The heart of a human holds the beauty of the soul
The light in their present tells a story not told

Beauty is only something that is thought up by man
God is the author of the beautiful plan

Make haste for the beauty that we seek is at hand

Just look in the mirror, God’s creation is so grand

By Annie Massey
The world, our nation, our workplace and our lives are constantly confronted by change. Change is often a scary prospect. It means breaking out of one's comfort zone and experiencing the unknown. And while progress does not occur without change, the anxiety that comes with it is real and cannot be overlooked. During these times, as a leader, it is vitally important that your focus remain upon those you are leading.

In times of change you should always:

~~Acknowledge Anxiety. During times of uncertainty it is of the utmost importance that people's feelings are acknowledged and addressed. If ignored, these feelings become the pink elephant in the room - silently occupying everyone's attention - to the detriment of all other pressing matters. When dealt with directly and compassionately, anxious individuals get the message that their feelings are important and that you are looking out for their best-interests. With their anxiety assuaged, they can focus more clearly on the specific task-at-hand.

~~Dispense Information Promptly. As soon as you have a piece of information that you know to be important to those who you lead, it must be disseminated to the group. A failure to do so will only result in heightened anxiety and a lack of trust in your leadership.

~~Be a Transparent Decision-Maker. During times of change you will be called upon to make many important decisions. Whenever a decision affects those who you lead you should educate them on how the decision was made. Even if some individuals question your reasoning, at least they will understand the time and effort you put into making the decision and the thought process you utilized.

Opportunities for great leadership are abundant during times of change. By placing your focus during these times upon the needs of others, you will ensure that you are able to effectively lead through change.
It’s a Girl– It’s a Boy
It’s TWINS !!!!

Cathy Hughes is an Auntie TWICE. Cathy’s twin brother is the proud father of 2
Austin Ray was born at 8:29 pm (EST) he weighed 6 lbs 12 oz
Annabelle Ruth was born at 8:37 pm (EST) she weighed 6 lbs 2 oz
Born October 1, 2008

High Heels and Coffee
Announcing a new addition to the
BPW/USA Webinar Series:
High Heels & Coffee with Debbie Frett.
Join the CEO every other month as
she chats with members and features
special guests. Is there an issue that
you want to hear more about?
Do you have questions?
What's on your mind?
Sign on to one chat or all of them!

Kick off your heels and brew a pot for
the series launch Tuesday,
November 18 at 8:00 pm CST;
Registration information will be
available online on November 3.

MEMBERSHIP INFORMATION:  If you have not received your National membership
renewal form, you can send it to the Franklin BPW, P.O. Box 155, Franklin, KY  42135 and the
Treasurer will forward your payment to National or you can go online to renew with a credit or
debit card.
Renews: Sept- Brownie, Sylvia, Leslie, Laura  Oct- Rita Vaughn  Nov- Debbie Deweese
As of November 1st our membership total was 42 members.
Please Welcome Our Newest Members:

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ashley Parker</td>
<td>128 Coates Rd</td>
<td>270-776-1029</td>
<td><a href="mailto:Ashley.parker1@wku.edu">Ashley.parker1@wku.edu</a></td>
</tr>
<tr>
<td>Jessica Bell</td>
<td>3617 Russellville Rd</td>
<td>270-586-3151</td>
<td><a href="mailto:Jessica.bell@simpson.kyschools.us">Jessica.bell@simpson.kyschools.us</a></td>
</tr>
<tr>
<td>Kendra Holt</td>
<td>507 Palm Street</td>
<td>270-535-4658</td>
<td><a href="mailto:kholt@franklinfavorite.com">kholt@franklinfavorite.com</a></td>
</tr>
</tbody>
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Pat Drummond
7573 Gold City Rd
Franklin, KY 42134
270-586-4998
Crafters.guild@yahoo.com

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Honoring Our Military  The week of November 11 is a perfect time to honor veterans and active duty military. The BPW/USA Mentoring Committee encourage LO’s to have special military appreciation/information programs during month of November with a focus on women. Camille Moran, chair of the BPW/USA Mentoring Committee and Constance Stahl, the BPW/USA Member Military/Veteran Recruiting chair, offer the following suggestions to not only recognize our military but to learn more about them.

1. Contact your local recruitment office for a speaker on military careers for women (and men). Recruitment offices also have pamphlets, brochures etc for distribution.
2. Contact your local Veterans of Foreign Wars, American Legion or Disabled American Veterans chapters to obtain a speaker on their military experiences. Women are members of these organizations also.
3. Focus on veteran and military spouses who are BPW/USA members to share their experiences.
4. Encourage active duty military speakers to be e-members and encourage veterans to join your Local.
5. Go to www.womenjoiningforces.org for WJF information.
6. Purchase a copy of “Army Wives” by Tanya Banks.
7. If there is a VA hospital in your geographical area, ask if you can disperse information to the women's wards or work with or adopt a rehabilitation unit.
8. Give a BPW/USA e-Membership or Friends subscription to a transitioning woman veteran in your area.
9. Wear your flag pins and your BPW pin.
10. Display your flag on November 11.