

FEBRUARY
2011

FEBRUARY
IS
FOUNDATION
MONTH

MEETING
Tuesday
February 1st
6:30 p.m.

LOCATION
La Casa
3295 Hanson
Road,
Madisonville

PROGRAM
TBA

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HC B&PW News

A Publication of Hopkins County B&PW

President's Message

Hello Everyone,

I hope this finds you safe and warm and that January provided you with opportunities to think about the year ahead as you reflected on the year past. Sadness again. I would like to offer my sympathies to Sharon Smith on the loss of her brother. There are no adequate words, but, Sharon, please know our thoughts and prayers are with you at this time.

Thanks to all of you who attended our last meeting at China Jade. We learned a lot about Sharon and her "coming of age" as an entrepreneur and business owner. She shared with us the challenges she faced and overcame, and the rewards, especially the personal ones, she has gained. Thank you Sharon for opening up to us, and providing an excellent program.

As I write this, February is just a few days away. February, a month of Valentines, of candy and flowers, a month of hearts and love. Our membership number may be small, but our hearts are large beyond measure as we meet and work together to be a leading advocate for working women, to achieve equity for all women in the workplace through advocacy,

education, and information. I hope that those of you who are unable to regularly attend our meetings can manage one or two (or more) occasionally . . . hopefully our next one. We need all of you. Remember something Martin Luther King Jr. said, *"In the end we will remember not the words of our enemies but the silence of our friends."* Don't be silent. If you can't attend our meetings, please share your ideas and comments by e-mail and in this Newsletter. Thank you again, Julie, for continuing to bring our News to us each month.

From Helen Keller: *"The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart."* A sincere thanks to all of you who continue to show your heart's feelings through your good works for the benefit of women in Hopkins County and beyond. I look forward to seeing you all on February 1st at La Casa.

Lana

"Love does not dominate; it cultivates." Johann Wolfgang von Goethe

Calendar of Events

FEBRUARY Foundation Month

- FEB 7 Meeting – La Casa**
- FEB 15 Deadline for State Office Nominations**
- FEB 17 BPW Lobby Day 2011 – Frankfort**
- FEB 20 Newsletter Deadline**
- MARCH Women’s History Month**
- MAR 1 Meeting – TBA**
- MAR 15 Kentucky Cardinal Deadline**
- APR 9 West Region Meeting – Central City**
- JUN 2-4 KFBPW Annual Conference – Bowling Green**
- JUN 12 Junior Miss Program**

KENTUCKY BPW FOUNDATION

History

The Kentucky Business and Professional Women's Foundation was established in May 1984 by the Kentucky Federation of Business and Professional Women's Clubs, Inc. (KFBPW). The mission of the Kentucky Federation is to promote full participation, equity and economic self-sufficiency for women. The focus of this foundation is to prepare workers for the challenges of the future and to enhance the economic development of the Commonwealth by increasing the educational level of Kentucky's workforce.

Facts

The Kentucky Business and Professional Women's Foundation is a non-profit, charitable and educational foundation. The funds of Kentucky Foundation are separate from the money held by the Business and Professional Women of Kentucky Federation (KFBPW). The Foundation is governed by a nine-member Board of Trustees, appointed by the Kentucky Federation President with approval of the Executive Committee. Each term on the Board of Trustees is for three years. The board members rotate, with two or three members being replaced each year. Each board member is limited to serve only two consecutive terms. The Kentucky Federation President is a Board member for the year of her presidency.

The funding of the Kentucky Foundation is provided by:

- Members of Kentucky Federation Business and Professional Women
- Local organizations of KFBPW
- Memorials, annuities, and honorariums
- Business or other organizations

JUNIOR MISS PROGRAM submitted by Patti Fallin, Chair

The race to the 2012 Hopkins County Junior Miss Scholastic program has begun once again. As many of you may know, we are undergoing a name change of the program. We will be changing the name to Distinguished Young Women of Hopkins County at the start of the program in June. The date of the program has been set - Sunday, June 12th, 2:30 p.m. at Browning Springs Auditorium. The theme this year will be "Eyes On The Future".

We have already had one planning meeting and the things that were decided are:

- Deadline for applications is April 21st. We need to know how many girls are truly committed. We have been to Madisonville North Hopkins High School and talked with all the Junior girls and have already had three sign up via the website. We will be going to Central High School this week. If you know someone who may be interested, please have them go to the website - www.ajm.org and check out the program. To apply, click on the JOIN US and then PARTICIPATE. Then fill out the application.
- There will be an Orientation meeting on Thursday, May 5th at 6:00 p.m. at Curves for all interested girls and their parents. Club members are also invited and encouraged to attend if possible so put it on your calendar today.
- We will be practicing for 4 weeks prior to the program. The first three weeks, beginning on May 17th we will practice on Tuesdays and Thursdays from 6 - 9 at Curves. The week of the performance, we will be at Browning Springs. Dress rehearsal will be on Saturday, June 11th at 2:30 p.m.

If you weren't able to attend the planning meeting and still want to help, please let me know. There is still time! We still have openings on committees so let me know what you are interested in helping with! Also, this is not just a club activity so if you know someone who you think would like to get involved, please invite them. The more the merrier! We need everyone's help, from backstage with running, making sure the girls are ready when they should be ready, etc.; things to make the production go smoothly. We will also need help with ticket sales at the door, setting up, decorating the stage, etc. Just let me know what you want to do!

The next planning meeting will be Tuesday, February 15th, 6:00 p.m. at Curves. Hope to see you there!

Thanks again!

Patti Fallin
Hopkins County Junior Miss Chair

RECIPES submitted by Nena Matheny**Sausage Cheese Muffins***Ready in 1 hour or less*

1 pound bulk pork sausage (hot)
 1 can (10-3/4 oz.) condensed cheddar cheese soup, undiluted
 ½ dcup milk
 2-3 teaspoons rubbed sage (optional)
 3 cups biscuit/baking mix

In a skillet over medium heat, cook sausage until no longer pink; drain. In a bowl, combine soup, milk, sage and sausage. Stir in the biscuit mix just until moistened. Fill greased miniature or regular muffin cups two-thirds full. Bake at 400 degrees for 15-20 minutes or until muffins test done.

Yield: 4 dozen mini-muffins or 2 dozen regular muffins. These muffins freeze well also. Wrap them in saran wrap then in foil and freeze (2 muffins in each). Thaw them in microwave 1-2 min. Tastes like fresh baked! Enjoy!!

“These small savory muffins are fun to serve as appetizers or as brunch”, writes Willa Paget of Nashville, Tennessee. “With just five ingredients, the tasty bites are easy to whip up to take to a party, the office or a sick friend.”

Baked French Toast

1 (1 lb.) loaf French Bread, torn into pieces	¼ teaspoon cinnamon
8 eggs	¾ cup butter
2 cups milk	1 1/3 cup brown sugar
1 ½ cups half and half cream	3 Tablespoon light corn syrup
2 teaspoons vanilla	½ cup chopped nuts (optional)

Butter a 9 x 13 baking dish. Arrange the pieces of bread in the bottom. In a large bowl, heat together eggs, milk, half& half cream, vanilla and cinnamon. Pour over bread pieces and refrigerate overnight.

The next morning, preheat oven to 350 degrees. In a small saucepan, combine butter, brown sugar and corn syrup; heat until bubbling. Pour over bread and egg mixture. Bake in preheated oven, uncovered, for 40 minutes.

NOTE: *This boils over in oven so protect your oven.*

JANUARY MEETING MINUTES

January 4, 2011

CALL TO ORDER

The regular monthly meeting was held Tuesday, January 4, 2011, 6:30 p.m. at the China Jade Restaurant. President Lana Moore called the meeting to order. The officers present were: Lana Moore, President; Sharon Smith, President Elect; Patti Fallin, Treasurer; and Wanda Crowe, Secretary. The revised minutes from the November 9, 2010 meeting were printed in the January newsletter for review and approved at this meeting. Member Sharon Smith, owner of Merle Norman Cosmetics in Madisonville presented the program on her 17 years of owning her own business.

ROLL CALL

Members attending: Wanda Crowe, Patti Fallin, Julie Franklin, Teresea Hatler, Nena Matheny, Lana Moore, Wanda Morrow, Melinda Oglesby, Tammy Sanders, Sharon Smith, Sally Taylor-Buie, Cheryl Tucker.

TREASURER'S REPORT

The Treasurer's report as of December 31, 2010 with a balance of \$1856.97 was distributed and reviewed. The report will be filed for audit. Hopkins County Junior Miss account balance was \$581.96. Suzanne Soder is preparing the audit and filing the 990 form.

CORRESPONDENCE

A Christmas card was received from Big Brothers/Big Sisters Agency.

COMMITTEE REPORTS

Membership: We continue to look for active members that would be able to attend meetings and participate in programs and projects. Patti will update handbook information and email to members in pdf form.

Junior Miss: Katherine Kelley and Lana Moore presented information to junior girls at Madisonville-North Hopkins High School. To date one application has been issued. An organizational meeting is scheduled for January 18, 2011 at Curves beginning at 6:00 p.m.

Issues Management: We will continue having programs presented by women who own their own business.

OLD BUSINESS

Wanda Morrow reported on November's KFBPW Interim Board. We are still trying to find permanent location for the monthly meetings.

NEW BUSINESS

The February meeting will be held at La Casa. As February is Foundation month, please bring a donation for Kentucky Foundation. Melinda Oglesby asked the membership to participate in "Free Cakes for Kids" – a motion passed to participate in the month of October.

ADJOURNMENT

Announcements and happy dollars were followed by the Emblem Benediction. The meeting adjourned at 8:32 p.m.

Wanda Crowe, Secretary

**Officers
2010-2011**

President
Lana Moore

President Elect
Sharon Smith

Secretary
Wanda Crowe

Treasurer
Patti Fallin

Visit KFBPW at
www.bpw-ky.org

Visit BPW/USA at
www.bpwusa.org

Editor's Note by Julie Franklin

Snow, snow, and more snow! I cannot remember a winter where we had so many snow events so close together. Thank goodness it comes in small amounts and is not knee deep (fingers crossed!). My dogs love it, and they are fun to watch, but not so fun to clean up! They come in with little snow balls between the toes and hanging off their fur.

Sincere thanks to Lana, Patti, Nena, and Wanda C. for their contributions to this edition of the newsletter.

Your ideas, articles, and information are always welcome!

Submit them to me, by the 20th of each month, as follows:

By E-mail: jfranklincla@bellsouth.net

By mail: P. O. Box 547, Madisonville, KY 42431

By fax: 270-821-2360

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