

The Hopper

Volume 48

August 2011

Issue 02

President's Corner

Hello Ladies,

I hope everyone is well and taking the hot weather well.

Thanks to Jean for taking the helm of our board meeting. I know everything went well. Also thanks to Janice. She said that membership dues are being sent in.

Glad to hear Sue was at meeting. Sorry I had to miss, but a trip to the ER was until eleven p.m.

I know there will be some change in our program this month, but I know we will have a good program.

Let us not forget to bring school supplies to our next meeting to help Jean with her project.

My thanks to all of you for a fantastic job you always do.

President Dorothy
2011-2012

Thought for the day:
Together we shine as group united.

AUGUST MEETING

Thursday, August 18, 2011

6:00 p.m.

Pioneers' Memorial Complex

Membership Committee

Karen Lamb, Chair

Pledge: Janice Cayce

Collect: Juanita Martin

Invocation: Anna Lee Lackman

Program: As a member, what are your thoughts of our club's future?

Please come ready to brainstorm ways to increase membership and your club participation in club activities.

Menu:

Chef's Choice

Cost: \$11.00



Telephone Committee

Anna Lee Lackman - Chair

If you have not been called by Sunday before the meeting, call your caller or

Anna Lee. If members make a reservation and fail to attend or cancel with Anna Lee, you will be responsible if the club incurs an expense for the meal. If your caller has been unable to reach you and you need a reservation call Anna Lee at 886-3469 and leave a message if she is not at home.

Membership Committee

Karen Lamb - Chair

Please remember the following members and their family in your thoughts and prayers.

Butch & Karen Hunter

Glynn Ward

Verna Heltzel

Susan Angelo – Diane Croney-Turner's sister

If you know of a member or their family who is ill and in need of our prayers, please contact Anna Lee, Karen Lamb or Karen Hunter.

HAPPY BIRTHDAY AUGUST BIRTHDAY GIRLS

DIANE CRONEY – TURNER 3rd
ANN BOSEMAN 20th
TONJA WEST 21st

Guests

We are allowed two (2) guests each month for prospective members. The cost of their meal will be paid by the club. If you have a potential member, please contact Karen Lamb or Karen Hunter so they can make arrangements.

2011 – 2012 Membership

Dawn Askey	Anna Lee Lackman
Ann Boseman	Karen Lamb
Diane Boyd	Jewell Long
Mary Brandt	Martha Marcum
Naomi Brashears	Juanita Martin
Rita Brown	Jane McKnight
Gertrude Bullock	Willedean Meriwether
Janice Cayce	Sue Mock
Diane Croney-Turner	Frances Quarles
Karen Drennan	Linda Robertson
Debbie Dunn	Donna Stone
Etta Walker - Flegle	Dorothy Tolliver
Mary Fletcher	Jean Tuitele
Polly Forns	Marie Wade
Verna Heltzel	Anita Walker
Karen Hunter	Lena Wann
Becky Johnson	Glynn Ward
Carolyn Key	Tonja West
Paula Knight	

Membership Dues

Remember that club dues for the 2011 – 2012 year are due now. Please make your check payable to Hopkinsville B&PW. Dues are \$50 per year. Mail your check to Janice Cayce, 208 James Drive, Hopkinsville, KY 42240. Please note if there are any changes to the information in our program year book.

Membership Drive

This year the membership committee is having a membership drive contest. Anyone who brings in a new member, will have her name placed in a drawing for a prize at the end of the year. It could be a gift card to a restaurant, store, or local membership dues paid for next year.

Please try to bring in members as our club meetings are not having enough attendance to cover the minimum 20 meals that we are committed to purchase.

Scholarship Committee

Anne Boseman - Chair



Anne Boseman presents check to Rebecca Knight our 2011-2012 scholarship recipient.

KPWW Committee

Jean Tuitele – Chair

Activities for **August**:

- Bring school supplies for Aaron McNeil Center

Activities for **September**:

- Old cell phones for the military

Activities for **October**:

- Walk to End Alzheimers – October 8th at the Justice Center at 8:30 am
- Bingo at Pennyrile Nursing Home – Monday, October 17th at 2:00 pm

Ann Boseman asks everyone to please bring quarters and dime to the next couple of meetings for the bingo prizes.

Life's Formula for Happiness

1. Take a 10 – 30 minute walk every day. While you walk, smile. It is the ultimate antidepressant.
2. Sit in silence for at least 10 minutes daily.
3. Always pray for self and others.
4. Spend time with people over the age of 70 and under the age of 6.
5. Eat more foods that grow on trees and plants and eat fewer foods that are

manufactured in plants.

6. Drink green tea and plenty of water. Eat broccoli, almonds and walnuts.
7. Try to make at least 3 people smile each day.
8. Clean your clutter from your house, car, and desk. Let new and flowing energy into your life.
9. Don't waste your precious energy on gossip, issues of the past, negative thoughts or things you cannot control. Instead invest your energy in the positive present moment.
10. Realize that life is a school and you are here to learn. Problems are simply part of the curriculum that appears and fades away like algebra class....but the lessons you learn will last a lifetime.

More of Life's formula for Happiness Next month



Karen Hunter, membership co-chair presents gift to Mary Fletcher – July Birthday Girl.

Dates to Remember

August 18th

Regular meeting – 6:00 p.m.

Pioneers Complex

September 1st

Board meeting – 5:30 p.m.

Shoney's