



LICKING VALLEY  
BUSINESS AND  
PROFESSIONAL  
WOMEN

# VALLEY NEWS

STEP UP - STEP OUT - SPEAK OUT

JUNE  
2008

VOLUME 4  
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## HOUSE UPDATE

### THE HAPPENINGS

Speaker:  
Paula Taylor  
\*\*\*\*\*

*House Update*  
Page 1- 2  
*Minutes*  
Page 3  
*Collect/Emblem*  
Page 4  
*Monthly Recipe*  
Page 4  
*Quote of the Month*  
Page 4  
*President Corner*  
Page 2  
*Next meeting :*  
*June 11 the @*  
*Biancke's Restaurant*  
*@ noon!*

**Business and Professional Women/USA (BPW/USA) and Business and Professional Women's Foundation are moving! The first organizations established to focus solely on the issues of workingwomen are changing location. We will remain downtown in the nation's capital, however at a new address. We will be relocating as of May 3, 2008.**

**Please make note of our new headquarters location:**

**1620 Eye Street, N.W.  
Suite 210  
Washington, D.C. 20006**

**\*\*Our telephone and fax numbers will remain the same\*\***

**Develop your 'inner' leader; attend the 2008 BPW/USA National Conference, Dare to Change, Step Into Leadership. Join us July 23-26 in Atlanta, GA.**



BPW/USA

NATIONAL CONFERENCE

ATLANTA, GEORGIA

July 23-26, 2008

*Directions: go to [www.bpw/usa.org](http://www.bpw/usa.org) log on, find Interactive Calendar, then BPW/USA National Conference.*



### UPDATES

NEXT MEETING  
JULY 9th  
At  
Biancke's Restaurant  
Corners of  
Main and Pleasant  
Streets  
Meeting starts  
At noon.



**Melissa Lippert, Amanda Ishmael, Karen Galde**  
 Melissa, Central Regional Director.  
 Amanda, Central Regional Assistant Director  
 Karen, Central Regional Treasurer

**Regional Meet  
 Harrodsburg, Ky**

**April 19, 2008**



**Wanda Ishmael, Karen Galde, Amanda Ishmael, Sonja Olin, Mary Ann Lee, (absent from picture),** attended the Central Regional meet in Harrodsburg, Ky



**Laura E. Jackson**, was our 2008 Scholarship recipient. She plans to attend University Ky. We wish Laura the very best.  
 Go Laura!



**Wanda Ishmael** receiving one of many awards from **Jerilyn Dawson**



**LVBWPW-NEW OFFICERS FOR 2008—2009**

**Carla Harney**-President. **Karen Galde**-President Elect, **Wanda Ishmael**-Past President, **Mary Ann Lee**-Recording Secretary, **Sonja Olin**-Public Relations, **Amanda Ishmael**-Parliamentarian. **Martha Sullivan** is Vice President, absent from picture



**BPW/KY Past State President - Zayda Flannery, Wanda Ishmael.** Zayda installed the 2008-09 Officers.



**Wanda Ishmael**- Past President passes the gavel to the newly installed President of 2008-09, **Carla Harney**



## 85th Annual BPW/KY Conference June 6-8,2008

**STEP UP! STEP OUT! SPEAK OUT!**

*Are the theme words of the newly installed **President Debrah Pierce** for 2008-2009.*

**Sonja Olin, Karen Galde, Wanda Ishmael, Amanda Ishmael and Mary Ann Lee** attended the 86th Annual BPW/KY Conference in Bowling Green Kentucky June 6-8, 2008

We attended the Corvette Museum, which if you haven't been, make it a point to see in the future.

At the conference, **Jerilyn Dawson** President BPW/KY 2007-'08 did a wonderful and dedicated job this past year. We are proud to say that our new BPW/KY President is **Debrah Pierce**. As this club wishes **Debrah** well; we will support and assist Debrah in her new venture.

We are pleased that some of our members will be serving on **Central and State committees** for 2008-'09:

**Karen Galde** as Central Regional Treasurer.

**Amanda Ishmael** will serve as Central Regional Assistant Director.

**Karen Galde** and **Sonja Olin** will be Co-Chair the Legislative Committee.

We are so proud of these women and will support them when needed in serving to better our Business and Professional Women (BPW).

Friday night Auction was enjoyable. \$3000. was raised go to the BPW Foundation for Scholarships; with our club doing fine participation. The food was delicious, and the fellowship was great.

There were aprox. 22 first timers at the convention; such a large number in a long time. Many by-laws were revised. BPW/USA National Representative, **Sandi Haase** gave an enlightening report regarding National .

On Saturday night the Installation of Officers program followed with a champagne toast. The Leadership Training program held Sunday morning was most informative and needed.

Was it mentioned that **Amanda Ishmael** had a birthday Friday and received a Corvette?  
Ask **HER** about it!

Next year's conference is in Owensboro, Ky. Get ready!

## COLLECT

KEEP US O GOD, FROM PETTINESS; LET US BE LARGE IN THOUGHT, IN WORD, IN DEED.  
LET US BE DONE WITH FAULT-FINDING AND LEAVE OFF SELF-SEEKING.  
MAY WE PUT AWAY ALL PRETENSE AND MEET EACH OTHER FACE TO FACE—  
WITHOUT SELF-PITY AND WITHOUT PREJUDICE.  
MAY WE NEVER BE HASTY IN JUDGEMENT AND ALWAYS GENREOUS.  
LET US TAKE TIME FOR ALL THINGS;  
MAKE US TO GROW CALM, SERENE, GENTLE.  
TEACH US TO PUT INTO ACTION OUR BETTER IMPULSES, STRAIGHTFORWARD AND UNAFRAID.  
GRANT THAT WE MAY REALIZE IT IS THE LITTLE THINGS THAT CREATE DIFFERENCES,  
THAT IN THE BIG THINGS OF LIFE WE ARE AT ONE.  
AND MAY WE STRIVE TO TOUCH AND TO KNOW THE GREAT HUMAN HEART OF US ALL,  
AND, O LORD GOD, LET US FORGET NOT TO BE KIND.

Mary Stewart

## EMBLEM BENEDICTION

THIS EMBLEM BINDS US ALL  
IN ONE GREAT SISTERHOOD  
IT BIDS US HEED OUR CONSCIENCE CALL  
FOR A NOBLER WOMANHOOD.  
GOD GUIDE US AS WE WEAR  
THIS EMBLEM O'ER OUR HEART  
AND KEEP US TRUE AND ALWAYS FAIR

## STRAWBERRY YOGURT—CREAM PIE

**POINTS-5**

**SERVING 8**

8 oz. light cream cheese

1 cup fat-free strawberry yogurt

1 tbsp. honey

1 tsp. vanilla extract

6oz. Pie crust

3/4 cup water

1/4 oz. unsweetened gelatin

1 1/2 cups strawberries, capped and  
thinly sliced

### **INSTRUCTIONS:**

In a large bowl, beat cream cheese until smooth. Stir in yogurt, honey and vanilla.

In a small saucepan, sprinkle gelatin over 1/4 cup of water; let stand for 1 minute.

Stir over low heat to dissolve gelatin.

Stir gelatin mixture and remaining 1/2 cup of water into cheese mixture. Fold in 1/2 cup of sliced strawberries. Fill crust with cheese mixture. Cover with foil and refrigerate overnight. (Note: If you can't find fresh strawberries, substitute frozen ones— just be sure they've been packed without added sugar.)

To serve, top pie with remaining strawberries and cut into 8 slices.

**THE FUTURE BELONGS TO  
THOSE WHO, BELIEVE IN  
THE BEAUTY OF DREAMS.**

E. Roosevelt



**HAPPY BIRTHDAY**

**AMANDA,**

**HAPPY BIRTHDAY TO YOU!**